# Horizon Foods

ETHICALLY SOURCED • SUSTAINABLE • COMPETITIVE

# CERTIFIED ORGANIC

CATALOGUE 2026

The Tender Table · Pure Harvest · Chefs choice · Vera Marca Rizzoli Dal 1906 · Spiral Foods

Maple Joe® · Barbera · planet organic · Topwil Organic · Three Olives

Mazzetti L'Originale · Sanmik Food · Lovin' Body® · Loña Cholita Tortilleria · Samir's Natural Foods "The Falafel People".

Aurelio by Riverina Grove · Felicetti Dolomiti 1908 · Casalare · ozganics Australia · BioNature

Kura 蔵 · Melissa

## ORDERS / ENQUIRIES

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Chef's choice

## PREMIUM CERTIFIED ORGANIC

Chef's Choice is an Australian brand established by, and for, lovers of gourmet food. They have scoured the globe to seek out only the very best flavours of Asia, Europe, the Pacific, the Middle East and beyond so that everyone can enjoy gourmet products used in restaurants and cafes across Australia.





## CERTIFIED ORGANIC LEGUMES

*All natural beans sourced from organic farms in Italy*

Organically grown and harvested in the magnificent valleys of the Italian countryside.




### Organic Four Bean Mix 12*400g

Org Chickpeas, Borlotti, Red Kidney & Cannellini, Water.




### Organic Brown Lentils 12*400g

Organic Brown Lentils, Water, Salt.




### Organic Black Beans 12*400g

Organic Black Eye Beans, Water, Salt.




### Organic Baked Beans 12*400g

Beans, Water, Tom Paste, Sugar, Corn Starch, Seasoning.




### Organic Cannellini Beans 12*400g

Organic Cannellini Beans, Water, Salt.




### Organic Chickpeas 12*400g

Organic Chickpeas, Water, Salt.




### Organic Red Kidney Beans 12*400g

Organic Red Kidney Beans, Water, Salt.




### Organic Butter Beans 12*400g

Organic Butter Beans, Water, Salt.

## ORGANIC CANNED TOMATOES & PASSATA

*Sun ripened,certified organic & rich in flavour*

Made from the highest quality organic tomatoes, hand picked and ripened under the beautiful Italian sun, Chef's Choice Passata range is thick and full of flavour.






### Organic Diced Tomatoes 12*400g

Organic Diced Tomatoes,
Organic Tomatoes Juice.




### Organic Whole Tomatoes 12*400g

Organic Peeled Tomatoes,
Organic Tomato Juice.




### Organic Cherry Tomatoes 12*400g

Organic Cherry Tomatoes,
Organic Tomato Juice.




### Organic Crushed Tomatoes Passata 12*680g

Certified Organic Tomatoes (100%).




### Organic Passata With Basil 12*680g

Organic Tomatoes,
Organic Basil Leaf.




### Organic Passata Cooking Sauce 12*680g

Certified Organic Tomatoes (100%).

## CERTIFIED ORGANIC COCONUT

*Coconut Cream, Coconut Milk & Coconut Oil*

Sourced from organic farms in Sri Lanka and Vietnam. They are certified organic with no artificial flavours, colours or preservatives, and are completely natural vegan friendly.




### Organic Coconut Cream 12*400g

Ingredients: Organic Coconut Cream, Water, and Organic Guar Gum.




### Organic Coconut Oil 12*500ml

Ingredients: Organic Extra Virgin Coconut Oil (100%). Unrefined Coconut Oil.




### Organic Coconut Milk 12*400g

Ingredients: Organic Coconut Milk (71%), Water, and Organic Guar Gum.




### Org Whole Black Pepper Grinder 12*100g

This organic pepper has a sharp penetrating aroma and woody characteristic.
Ingredients:
Organic Black Pepper (100%)




### Pink Rock Salt & Org Black Pepper 12*180g

Hand mined salt from the Himalayan Mountains, with premium organic pepper.
Ingredients:
Himalayan Pink Rock Salt, Org Black Pepper




### Org Whole Black Pepper Pouch 15*120g

A premium hand picked certified organic pepper ready to be ground.
Ingredients:
Organic Black Pepper (100%)




### Himalayan Pink Rock Salt Grinder 12*200g

Hand mined salt from the Himalayan Mountains with high mineral levels.
Ingredients:
Himalayan Pink Rock Salt




### Himalayan Pink Fine Salt Shaker 12*200g

Hand mined salt from the Himalayan Mountainsthat has been fine ground.
Ingredients:
Himalayan Pink Rock Salt





## CERTIFIED ORGANIC CONDIMENTS

*Organic Sauerkraut, swet corn & beetroot slices*




### Natural Organic Sauerkraut 6*350g

Naturally fermented organic sauerkraut with sea salt and organic Juniper berries. delivering a tangy, probiotic-rich flavour.




### Ginger Turmeric Sauerkraut 6*350g

A zesty, vibrant naturally fermented sauerkraut with ginger Juice, organic vinegar, sea salt and organic Turmeric.

:




### Organic Sweet Corn 6*350g

This tasty, fresh and juicy sweet corn is made with only 3 simple ingredients: organic sweet Corn, Water, Sea Salt.




### Organic Beetroot Slices 6*340g

Certified Organic Beetroot with water, organic vinegar and agave syrup, salt, organic onion powder, organic black pepper.

## CERTIFIED ORGANIC GRAINS

*Organic chie seeds, black & red rice*




### Organic Chia Seeds 500g (10)

Easy to use and full of antioxidants, protein and dietary fibre making these seeds ideal for a healthy diet.
Ingredients:
Organic Chia Seeds




### Organic Black Rice 10*500g

A sweet, alluring aroma, a nutty taste and a striking colour, sure to make it a wow factor in any dish!
Ingredients:
100% Organic Black Rice




### Organic Red Rice 10*500g

A wholegrain medium-grain rice with a vibrant red hue and nutty flavour. ACO certified and rich in nutrients.
Ingredients:
100% Organic Red Rice



## CERTIFIED ORGANIC RICE

*Chefs Choice & Sanmik Farms*




### Chef's Choice Organic Jasmine Rice 1kg (12)

Chef's Choice, Certified Organic Jasmine White Rice is a fragrant, versatile, long grain rice with a nutty sweet flavour and soft texture.
100% Organic Jasmine Rice




### Chef's Choice Organic Basmati Rice 1kg (12)

Chef's Choice, Certified Organic Basmati White Rice is an aromatic long grain white rice with a subtle nutty flavour and fine texture.
100% Organic Basmati Rice




### Chef's Choice Organic Brown Basmati Rice 1kg (12)

Chef's Choice, Certified Organic Basmati Brown Rice is delightful not only for its flavour, but for its fragrance and texture.
Organic Brown Basmati Rice




### Sanmik Farms Organic Jasmine Rice 1kg (12)

This Certified Organic Jasmine Rice is a fragrant long grain rice perfect for southeast Asian style dishes.
It is slightly sticky but still fluffy when cooked.
100% Organic Jasmine Rice




### Sanmik Farms Organic Basmati Rice 1kg (12)

This Certified Organic Basmati Rice from Sanmik Farms is a long grained rice with a distinctive nutty flavour, a firm texture, and a slightly floral aroma.
100% Organic Basmati Rice




### Sanmik Farms Organic Brown Jasmine Rice 1kg (12)

Sanmik Farms, Certified Organic Jasmine Brown Rice is delicately soft in texture when cooked and holds a delicious lightly sweet flavour.
Organic Brown Basmati Rice



## CERTIFIED ORGANIC BAKING

*Shredded coconut, coconut sugar & Besan flour*




### Organic Shredded Coconut 10*200g

This baking essential is an all natural, healthy treat ithat is just bursting with tropical flavours and aromas.

Ingredients

Organic Coconut (100%).




### Organic Coconut Flakes 8*300g

Made from the dried white flesh of organically grown coconuts and have an irresistible coconut taste!

Ingredients

Organic Coconut (100%).




### Organic Desiccated Coconut 10*300g

Dried and grated, it retains the natural flavour and aroma of the coconut flesh without any sweeteners.

Ingredients

Organic Coconut (100%).




### Organic Coconut Sugar 10*500g

A pure and unrefined sugar with a low GI, it is a natural alternative to processed sugars and artificial sweeteners

Ingredients:

Organic Coconut Palm Sugar (100%).




### Organic Coconut Flour 10*500g

Made from fresh organic coconut meat that is dried and grounded into a very fine, flour-like powder. It'sa great alternative to wheat.

Ingredients:

Pure Organic Coconut (100%).




### Organic Besan Flour 10*500G

This organic Besan flour (chickpea flour) is produced by dehusking and milling brown (desi) chickpeas. It has a rich nutty flavour.

Ingredients:

Organic Chickpeas (100%).

## CERTIFIED ORGANIC FLOUR

*Organic wholegrain unbleached and all natural*




### Organic Plain Flour 10*1kg

Produced by roller-milling the whole-wheat grain and sieving off the bran which retains the wheat's natural nutrients.

**Ingredients:**

Organic Wheat Grain (100%)




### Organic Self-Raising Flour 10*1kg

Produced by roller-milling the whole-wheat grain and sieving off of the bran.

**Ingredients:**

Organic Unbleached Self Raising Flour (Organic Unbleached Plain Flour) (wheat), Raising Agents (341, 500).




### Organic White rice Flour 10*500g

Produced by milling the whole or broken pieces of grain into a fine flour. It is more nutritious and stronger in flavour than non organic flour.

**Ingredients:**

Organic White Rice Flour (100%)




### Organic Wholegrain Rye Flour 10*500g

Produced by roller-milling the whole rye grain. The nutrient-rich properties of the wholegrain, and in particular the bran, are therefore retained.

**Ingredients:**

Organic Rye Grain (100%).




### Organic Buckwheat Flour 10*500g

Organic Buckwheat Flour is finely stone-ground from wholegrain buckwheat kernels. Buckwheat flour is nutritious with a warm nutty flavour.

**Ingredients:**

Organic Buckwheat Flour (100%)




### Organic Stoneground Spelt Flour 10*500g

Organic Stoneground Wholegrain Spelt Flour has a fine texture and a mild, nutty flavour. An excellent, light alternative to wheat flour.

**Ingredients:**

Organic Spelt Flour (100%).

## CERTIFIED ORGANIC RAW CACAO

*Raw Cacao Nibs, Raw Cacao Powder, Drinking Chocolate*




### Organic Raw Cacao Nibs 10*300g

Raw Cacao nibs are cocoa beans that have been roasted, separated from their husks and broken into smaller pieces for easy use.

**Ingredients:**

Organic Cacao Nibs (100%).




### Organic Raw Cacao Powder 10*300g

Produced by pressing out the cacao butter after the cacao beans have been ground. It is full of flavonoids, which act as a natural health remedy.

**Ingredients:**

Organic Cacao Powder (100%)




### Planet Organic Raw Cacao Powder 500g (4)

Minimally processed to preserve its nutritional integrity, it has deep, fruity notes and a smooth texture. It is perfect for baking, hot chocolate etc.

**Ingredients:**

Organic Cacao Powder (100%)




### Original Organic Hot Chocolate 6*300g

One of the most pure and enjoyable chocolate experiences you will find.

**Ingredients:**

Organic: Raw Sugar, Raw Cacao Powder, Raw Maca Powder, Cinnamon Powder, Natural Vanilla Flavour, Turmeric Powder.

Lovin' Body®






### Superfood Organic Hot Chocolate 6*300g

Smooth and delicious, this delicacy finishes with an amazing flavour sure to leave your tastebuds satisfied.

**Ingredients:**

Organic Raw Sugar, Organic Raw Cacao Powder, Natural Vanilla Flavour.

# CERTIFIED ORGANIC SPICES

*Lovin Body & Planet Organic Premium Spice Ranges*




## Lovin' Body Certified Organic Spices - Sold in 6 Packs

Australia's health-focused brand offering premium organic, natural and specialty food products designed to support wholesome everyday living. The range spans superfoods & spices with a strong emphasis on clean-label and certified organic options.

* Curry Powder 80g
* Cayenne Powder 75g
* Red Chilli Flakes 60g
* Cinnamon Powder 70g
* Garam Masala 75g
* Smoked Paprika 80g
* Coriander Powder 63g
* Italian Mixed Herbs 23g
* Sweet Paprika 69g
* Cumin Powder 75g
* Garlic Powder 75g
* Turmeric Powder 80g




## Planet Organic Certified Organic Spices - Sold in 6 Packs

Planet Organic's range of cooking herbs and natural spices are carefully selected from around the world for their purity and flavour. With all organic spices, herbs and seasonings, salad topper ingredients, as well as aromatic spice blendsand cooking spices.

* Basil 15g
* Chilli Flakes 55g
* Cumin Ground 50g
* Garlic Granules 60g
* Nutmeg 50g
* Thyme 12g
* Bay Leaf 5g
* Cloves 35g
* Curry powder 55g
* Ginger 45g
* Paprika 50g
* Turmeric 60g
* Cayenne 40g
* Coriander Ground 40g
* Fennel Seeds 40g
* Mixed Herbs 15g
* Peppercorns 50g
* Turmeric LG 300g
* Cinnamon 45g
* Coriander Leaf 10g
* Garam Masala 50g
* Oregano 15g
* Rosemary 16g
* Cinnamon LG 250g

# TOPWIL ORGANIC

## CERTIFIED ORGANIC PRODUCTS

Topwil Organic offers one of the most diverse Certified Organic product ranges in Australia. From pantry essentials such as spices, flours, and coconut oils to snacks such as dried fruits and nuts, that can fill your pantry with everything needed to live a healthy, organic lifestyle.

Above all, Topwil are truly environmentally conscious humanitarians. They care about their farmers and growers, the communities they come from, the products they provide, and the products they offer the world. With Topwil Organic, you know that your purchase supports the planet and its inhabitants.



# ORGANIC COCONUT MILK, CREAM & BUTTER

*Unbelievable creaminess and flavour!*

Topwil Organic Coconut products are made from fresh, environmentally sustainable coconuts grown in organically certified farms in Sri Lanka. All products are nutritiously delicious, natural and creamy, with no additives, thickeners or preservatives.




## Organic Coconut Milk 17% 6*400g

Organic Coconut Extract, Purified Water




## Organic Coconut Cream 22% 6*400g

Organic Coconut Extract, Purified Water




## Org Thick Coconut Cream 30% 6*400g

Organic Coconut Extract, Purified Water




## Organic Coconut Lemongrass 6*400g

Organic: Coconut Milk, Purified Water, Lemongrass & Ginger




## Organic Coconut Curry Masala 6*400g

Organic: Coconut Milk, Purified Water, Coriander & Spices




## Organic Coconut & Turmeric 6*400g

Organic: Coconut Milk, Purified Water & Turmeric

## Organic Coconut Butter Original 200g (6)

Pure Organic Coconut Meat Removed Odour and Flavour High in Medium Chain Fatty Acid (less than C12)No Cholesterol




## Organic Coconut Butter Toasted 200g (6)

Toasted Organic Coconut Meat Removed Odour and Flavour High in Medium Chain Fatty Acid (less than C12) No Cholesterol

# ORGANIC COCONUT OIL

*All natural organic virgin coconut oil*

Topwil Organic Coconut Oils are made from the finest sustainably grown, certified organic coconuts. Delicious and nutritious, it's a great raw super-food that can be used for cooking at high temperatures without burning.



## Organic Cold Pressed Virgin Coconut Oil

Smooth, healthy and delicious, Topwil premium Virgin Coconut Oil has amazing properties useful in cooking and health treatments alike.

Ingredients: 100% Organic Virgin Coconut Oil

Sold in 300g, 500g & 1kg




## Organic Purified & Deodorised Coconut Oil

This organic coconut oil has had the odour and flavour physically removed allowing the oil to be utilised across a wide variety of uses in which the distinct flavour associated with coconut is not desired.

Ingredients: 100% Organic Coconut Oil

Sold in 300g, 500g & 1kg




## Organic MCT Coconut Oil

*Medium Chain Triglycerides*

Topwil Premium Organic MCT Coconut Oil is derived from the finest organic coconuts. It has C8 and C10 Medium Chain Triglycerides which are a potent source of fuel for the body that sustain energy levels and reduce fatigue and 'carb crashes'.

Ingredients: 100% Organic Coconut Oil Derived MCT Oil.

Sold in 300g & 500g



# ORGANIC COCONUT AMINO SAUCE

*A premium soy free soy sauce alternative!*

Topwil Organic Amino Sauces are made from sustainably grown, organically certified coconuts from Sri Lanka. The sap collected from coconut blossoms is cooked with organic spices and sea salt and aged to create the perfect taste.




## Original Amino 250ml (12)

Fermented Organic Coconut Sap, Sea Salt 250ml




## Sweet Chilli Amino 250ml (12)

Organic Coconut Sap, Organic Chilli, Sea Salt 250ml




## Swet & Salty Amino 250ml (12)

Organic Coconut Sap & Sea Salt 250ml




## Teriyaki Amino 250ml (12)

Organic Coconut Sap, Sea Salt, Organic Pepper and Natural Teriyaki Flavour 250ml



## BETTER FOR YOU

Less Sodium than Soy Amino
Gluten-Free & Non-GMO
Vegetarian & Vegan-Friendly




## Smoky BBQ Amino 250ml (12)

Organic Coconut Sap, Organic Garlic, Organic Ginger, Sea Salt and Natural Smoke Flavour 250ml



## TOPWIL ORGANIC TAHINI

*In organic black and white sesame seeds*




### Unhulled Organic White Tahini 6*375g

Organic Unhulled
Sesame Seeds
6* 375G




### Hulled Organic White Tahini 6*375g

Organic Hulled
Sesame Seeds
6*375G




### Hulled Organic Black Tahini 6*375g

Organic Hulled Black
Sesame Seeds
6*375G




### Unhulled Organic White Tahini 375g (6)

100% organic hulled
sesame seeds

## ORGANIC TAHINI

*Hulled & Unhulled*

Melissa Tahini is made from 100% organic pure stone ground sesame seeds and is made locally in Australia with aussi grown as well as imported ingredients.




### Hulled Organic White Tahini 375g (6)

100% organic hulled
sesame seeds

BioNature

## CERTIFIED ORGANIC TOMATO

*Premium Italian tomato products*




### Organic Tomato Puree 8*690g

Organic Tomatoes, Salt




### Organic Tomato Paste 12*300g

Organic Tomatoes, Salt




### Organic Chopped Tomatoes 12*400g

100% Organic Tomatoes




### Organic Whole Tomatoes 12*400g

100% Organic Tomatoes






### Organic Basil Pasta Sauce 12*350g

Organic chopped tomato, organic extra virgin olive oil, organic basil, salt, organic garlic




### Organic Spicy Pasta Sauce 12*350g

Organic chopped tomatoes, organic extra virgin olive oil, salt, organic garlic, organic chilli peppers




### Org Neopolitan Pasta Sauce 12*350g

Organic chopped tomatoes, organic extra virgin olive oil, organic basil, salt, organic garlic, organic oregano



## CERTIFIED ORGANIC LEGUMES

*All natural & organic legumes from Italy*




### Organic Borlotti Beans 12*400g

Sustainably sourced and naturally free from artificial additives. hey are certified organic and BPA-free.




### Organic Butter Beans 12*400G

All-natural organic butter beans, water, and salt. Sourced and packed in Italy, They are certified organic and BPA-free.




### Organic Cannellini Beans12*400g

Creamy organic white beans perfect in soups, stews and salads. They are certified organic and are BPA-free




### Organic 4 Bean Mix 12*400g

Butter beans, chickpeas, red kidney beans and baby lima beans come together in this delicious mix of goodness.




### Organic Lentils 12*400g

Organic Brown lentils in salted water. A hearty addition to all sorts of soups, sauces and even fresh salads. BPA-free.




### Organic Red Kidney Beans 12*400g

With all natural organic red kidney beans, water, and salt. They are certified organic and are BPA-free.




### Organic Chickpeas 12*400g

With only three simple, all-natural ingredients, organic chickpeas, water, and sea salt in a BPA-free can.



## CERRIFIED ORGANIC

*Wholemeal & organic*



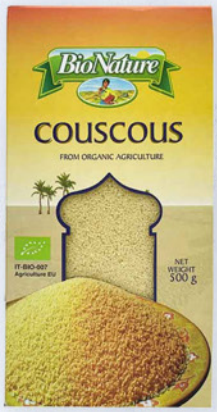

### Bio Nature Org Wholemeal Spaghetti 500g (12)

Ingredients: organic durum wholewheat semolina and water.




### Bio Nature Organic Wholemeal Penne 500g (12)

Ingredients: organic durum wholewheat semolina and water.




### Bio Nature Organic Cous Cous 500g (12)

Ingredients: organic durum wholewheat semolina and water.

## ORGANIC PASTA

*Organic Semolina Pasta*

CASALARE




### Casalare Organic Radiatore 375g (15)

Radiatore pasta has a distinctive short, ruffled, and compact shape.

Ingredients: Organic Semolina




### Casalare Organic Penne 375g (15)

Pne of the most famous pasta shapes and across the world. .

Ingredients: Organic Semolina




### Casalare Organic Fusilli 375g (15)

Fusilli pasta has a spiral or corkscrew shape, often described as spring-like.

Ingredients: Organic Semolina




Felicetti Organic Fusilli 500g (12)

Organic Ingredients: 100% Certified Organic Durum wheat semolina & water




Felicetti Organic Penne 500g (12)

Organic Ingredients: 100% Certified Organic Durum wheat semolina & water




Samir's Certified Organic Falafel Mix 500g (12)

Organic: Chickpea Meal, Soya Meal, Herbs, Spices, Sesame Seeds, Baking Soda, Salt, Onion Flakes, Garlic Powder.



Also in bulk Sizes 5kg & 10kg




King Soloman Medjool Dates 1kg (8)

Ingredients: 100% Certified Organic Medjool dates




Topwil Organic Cinnamon Sticks 23g (12)

Ingredients: 100% Certified Organic Cinnamon

Aurelio
by RIVERINA GROVE

## All Natural & Fresh

Natural, fresh, vegan and kosher Aurelio packs an additional flavour punch thanks to certified organic, artisanal ingredients.

## CERTIFIED ORGANIC PASTA SAUCES

*From premium organic Italian grown tomatoes*




### Organic Arrabbiata Pasta Sauce 6*500g

Organic: tomato diced & puree, extra virgin olive oil, onion, garlic, salt, fresh basil, chilli, herb & organic spice, food acid (330).




### Organic Puttanesca Pasta Sauce 6*500g

Organic: tomato diced & puree, olives, extra virgin olive oil, onion, salt, capers, garlic, oregano, fresh basil, parsley, chilli flakes, food acid (330).




### Organic Basilico Pasta Sauce 6*500g

Organic: tomato diced & puree, extra virgin olive oil, onion, organic garlic, fresh basil (1.0%), salt, herb & spice, food acid (330).




### Organic Primavera Pasta Sauce 6*500g

Organic: tomato diced & puree, extra virgin olive oil, carrot, onion, celery, organic garlic, salt, spice, food acid (330).

## CERTIFIED ORGANIC SALSA

*With mild and spicy option*




### Organic Spicy Salsa 6*300g

Organic: tomato diced & puree, onion, apple cider vinegar, sugar, salt, herbs and spices, extra virgin olive oil, garlic, chili, xanthan gum (415).






### Organic Spicy Salsa 6*300g

Organic: tomato diced & puree, onion, apple cider vinegar, sugar, salt, herbs and spices (1.0%), extra virgin olive oil, garlic, xanthan gum (415).

## CERTIFIED ORGANIC OLIVES

*Award winning certified organic olives.*

Australian grown organic olives from Riverina Grove.






### Lemon Pepper Black Olives 240g (6)

Organic Green Olives with Lemon & Pepper in Citric Acid




### Fennel & Lemon Green Olives 240g (6)

Organic Black Olives with Fennel & Lemon in Citric Acid




### Chilli & Garlic Green Olives 300g (6)

Organic Green Olives with Garlic & Herbs in Olive Oil




### Mediterranean Green Olives 300g (6)

Organic Green & Black Olives with Herbs in Olive Oil




### Garlic Mixed Olives 300g (6)

Organic Green Olives with Garlic & Herbs in Olive Oil




### Sardines Fillets in EV Olive Oil 10*90g

Wild-caught Sardines organic extra virgin olive oil, and salt

VERA MARCA
RIZZOLI
DAL 1906

## SEAFOOD IN ORGANIC OLIVE OIL

*Premium mackerel fillets& sardines in extra virgin olive oil*




### Mackerel Fillets in EV Olive Oil 10*90g

Mackerel fillets organic extra virgin olive oil, and salt





ozganics®
Australia

Ozganics products are certified organic and 100% free from chemicals and genetically modified components. Their products are Gluten-Free and free from additives and Australian.




### Organic Medium Salsa 6*350g

Organic: Tomato Puree, Diced Tomatoes, Onions, Non GMO Corn Starch, Sea Salt, Chillis, Garlic, Herbs, Spices, Xanthan Gum, Citric Acid.

## ORGANIC SALSA & PASTA SAUCE

*Certified organic tomatoes*




### Organic Mild Salsa 6*350g

Organic: Tomato Puree, Diced Tomatoes, Onions, Non GMO Corn Starch, Sea Salt, Chillis, Garlic, Herbs, Spices, Xanthan Gum, Citric Acid.




### Organic Spicy Tomato Pasta Sauce 6*500g

Organic: diced tomato, tomato puree, capsicum, onion powder, salt, chilli, herb, spice, Natural Food Acid (Citric).




### Organic Tomato & Basil Pasta Sauce 6*500g

Organic: tomato puree, diced tomato, fresh basil puree, salt, diced garlic, spice, Natural Food Acid (Citric), basil oil.




### Organic Bolognese Pasta Sauce 6*500g

Organic: Tomato, Organic Tomato Paste, Carrot, Celery, Zucchini, Onion, Sea Salt, Herbs and Spices, Natural Food Acid (Citric)

# TABLE SAUCES & DRESSINGS

*Certified organic sauces & dressing*




## Organic Sweet Chilli Sauce 6*250ml

Organic: Raw Sugar, Filtered Water, Onion, White Vinegar, Chilli, Sea Salt, Paprika, Xanthan Gum, Spice, Garlic, Citric Acid




## Organic BBQ Sauce 6*250ml

Organic: Tomato, Sugar, ACV, Onion, Molasses, Sea Salt, Corn Starch, Garlic, Burnt Sugar, Spices, Xanthan Gum, Citric Acid




## Organic Tomato Sauce 6*250ml

Organic: Tomatoes from paste, Raw Sugar, Onion, White Vinegar, Sea Salt, Xanthan Gum, Garlic, Spices, Citric Acid.






## Creamy Ranch Dressing 6*250ml

Filtered Water, Organic: Cold Pressed Sunflower Oil, Apple Cider Vinegar, Garlic, Sea Salt, Herbs, Spices, Xanthan Gum, Stevia, Faba Bean Protein, Flax Fibre




## Creamy Avocado Dressing 6*250ml

Filtered Water, Organic: Cold Pressed Sunflower Oil, Australian Avocado Raw Sugar, Sea Salt, Xanthan Gum, Acetic Acid Pepper, Citric Acid, Herbs.




## Green Goddness Dressing 6*250ml

Water, Organic: CP Sunflower Oil, Vinegar, Lemon, Sea Salt, Herbs, Garlic, Mustard, Maize Starch, Xanthan Gum, Faba Bean Protein, Onion, Monk Fruit Extract, Spices




## Mango & Chilli Dressing 6*250ml

Filtered Water, Organic: Cold Pressed Sunflower Oil, Mango Puree Apple Cider Vinegar, Sugar, Sea Salt, Chilli (1.5%), Garlic, Cumin, Xanthan Gum




## Vegan Caesar Dressing 6*250ml

Filtered Water, Organic: CP Sunflower Oil, Apple Cider Vinegar, Garlic, Mustard, Sugar, Sea Salt, Onion, Herbs & Spices, Xanthan Gum, Citric Acid, Lemon Oil

## ORGANIC CURRY SIMMER SAUCE

*Certified Organic Simmer Sauces*




### Organic Tikka Masala Simmer Sauce 6*500g

Organic: Tomato, Organic Tomato Paste, Onions, Filtered Water, Cold Pressed Sunflower Oil, Spices, Chilli, Coconut, Thickener, Raw Sugar, Turmeric, Sea Salt, Food Acid.




### Organic Rogan Josh Simmer Sauce 6*500g

Organic: Tomato Puree & Diced, Filtered Water, Onions, Cold Pressed Sunflower Oil, Spices, Raw Sugar, Sea Salt, Non GMO Corn Starch, Garlic, Chilli, Natural Colour, & Food Acids




### Organic Butter Chicken Simmer Sauce 6*500g

Organic: Tomato Puree, Diced Tomatoes, Onions, Cold Pressed Sunflower Oil, Raw Sugar, Spices, Non GMO Corn Starch, Sea Salt, Turmeric, Garlic, Food Acids

## OZGANICS INGREDIENTS

*Certified Organic with no Nasties*

Ozganics are incredibly proud to be the first food manufacturer in Australia to be recognised as Certified Sustainable. This means all products are residue-free, non-GMO and lower in emissions than conventional farming practices.

Gluten-Free

Allergen-Free

GMO-Free

100% Certified Organic & Sustainable





# ORGANIC SAUCE & SEASONING

*Premium Sauces & Furikake*




## ORGANIC FURIKAKE TAMARI

A seasoning made of toasted white sesame seeds and organic Tamari, Sprinkle it on rice, grilled fish, meats, sautéed vegetables, salads, stir fries or soups.




## ORGANIC FURIKAKE UMEBUSHI

A seasoning made of toasted sesame seeds, sea salt, green nori flakes, organic shiso flakes and organic dried umeboshi flake (a traditional Japanese pickled plum).




## ORGANIC FURIKAKE YUZU

A seasoning made of sesame seeds, nori (seaweed), sea salt and dried yuzu zest. Yuzu has a wonderfully distinct floral citrus flavour that is sure to spruce up any dish!




## ORGANIC FURIKAKE SEAWEED

A seasoning made of toasted white sesame seeds, sea salt and green nori (dried seaweed). Try this organic Furikake with Aosa when you want to add a pop of flavour.




## ORGANIC GINGER & YUZU HOT SAUCE

Unleash your taste buds with this unique blend of zesty Yuzu and fiery ginger. It's a flavour explosion that promises to elevate your dishes to new heights.






## ORGANIC SMOKED SHOYU SAUCE

This organic smoked shoyu elevates dishes by perfectly combining umami with a rich smoky flavour. Use as a dipping sauce or drizzle over vegetables, meats or fish.




## ORGANIC LEMON HOT SAUCE

Spiral Foods' Organic Lemon Hot Sauce is the perfect balance of spicy lemon with a hint of saltiness, making it an absolute must-try for all food enthusiasts.



## PASTA SAUCE

*Organic Sauce Range*

These all natural and organic pasta sauces are made using plump and ripe tomatoes that are cooked with organic extra virgin olive oil along with carefully selected organic ingredients.




### Organic Pizza Pasta Sauce 6*375g

Organic: diced tomatoes, tomato puree, onion, EV olive oil, basil, garlic, salt, herb, spice, citric acid, basil oil.




### Organic Arrabiata Pasta Sauce 6*375g

Organic: diced tomato, tomato puree, capsicum, onion powder, salt, chilli, herb, spice, citric acid.




### Organic Basil & Garlic Pasta Sauce 6*375g

Organic: tomato puree, diced tomato, fresh basil puree, salt, diced garlic, spice, citric acid, basil oil.




### Organic Fungi Pasta Sauce 6*375g

Organic: tomato puree, diced tomato, mushrooms EV olive oil, salt, garlic, herb, spice and citric acid.




### Organic Primavera Pasta Sauce 6*709g

Organic tomatoes with organic red bell peppers, onions & other spices.




### Organic Garlic & Basil Pasta Sauce 6*709g

Organic tomatoes with organic roasted garlic, basil & onions.




### Organic Arrabiata Pasta Sauce 6*709g

Organic tomatoes with organic red bell peppers, onions & other spices.

## SUGO RANGE

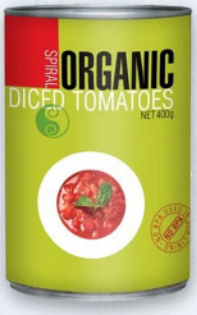
*Extra Large Sauces*

Spiral Foods' premium Sugo Pasta Sauce range includes three great full bodied sauces in Arribiata, Primavera and Garlic Basil. They are extra large and exquisite with all natural organic ingreditnts and no nasties.

# ORGANIC TOMATO

*Certified organic Products*

Organic canned tomatoes, paste Passata, Ketchup & salsa.




## Organic Diced Tomatoes 12*400g

Organic tomatoes diced (60%), organic tomato juice, citric acid.




## Organic Tomato Paste 300g (12)

100% Organic tomatoes with a 22% minimum concentrate. With no added salt or sugar.




## Organic Whole Tomatoes 12*400g

Organic whole peeled tomatoes (60%), Organic tomato juice, citric acid.




## Leve Organic Spicy Salsa 300g (6)

Organic: diced tomato and tomato puree, onion, apple cider vinegar, sugar, salt, herbs, spices EV olive oil, garlic, xanthan gum.




## Organic Tomato Ketchup 350g (6)

Concentrated organic tomatoes (65%), organic sugar, organic apple cider vinegar, salt, spices (onion powder, ground clove, cayenne pepper.)




## Brava Organic Spicy Salsa 300g (6)

Organic: diced tomato, tomato puree, onion, apple cider vinegar, sugar, salt, herbs, spices, EV olive oil, garlic, chili, xanthan gum.




## Organic Tomato Passata 12*700g

This thick, flavourful passata is made from tomatoes grown on organic Italian farms with 100% Organic tomatoes and citric acid.

## ORGANIC COCONUT

*Certified organic coconut milk, cream & oil*




### Organic Coconut Cream 12*400g

Rich in natural cocnout flavour and taste. Cream percentage is 22% fat. Organic coconut extract (90%), water.




### Organic Coconut Milk 12*400g

Rich in natural cocnout flavour and taste. Milk percentage is 12% fat. rganic coconut extract (46%), water.




### Org Extra Virgin Coconut Oil 300g (6)

A delicious coconut flavour and fragrance, reminiscent of the tropics. 100% Expeller pressed organic coconut oil.




### Organic Virgin Coconut Oil 300g (6)

This 100% Organic coconut oil goes through a deodorisation process removing the coconut flavour and fragrance.

## ORGANIC MINCED CONDIMENTS

*Certified organic minced garlic & ginger*

Organic whole peeled tomatoes (60%), Organic tomato juice, citric acid.




### Organic Minced Garlic 220g (12)

Organic tomatoes diced (60%), organic tomato juice, citric acid.




### Organic Minced Ginger 210g (12)

Organic whole peeled tomatoes (60%), Organic tomato juice, citric acid.





## CERTIFIED ORGANIC OLIVE OILS

*Organic Olive Oil*
*Peanut & Sesame Oil*
*Sunflower Oil*




### Three Olives Organic EV Olive Oil 1l (6) & 3l (4)

An unfiltered EV oil made from organic Mediterranean cold-pressed olives.




### Topwil Organmic EV Olive Oil 250ml (12)

Made with certified organic olives in Australia, this EV oil is cold- pressed.




### Barbera Organic EV Olive Oil 1l (6)

Made from the finest Organic Italian olives using the cold extraction method.




### Spiral Organic EV Olive Oil 250ml & 500ml (6)

An unfiltered EV oil made from organic Mediterranean cold-pressed olives.




### Spiral Organic Peanut Oil 500ml (6)

An organic oil with a light colour, and a vibrant nutty flavour and fragrance.




### Spiral Organic Sunflower Oil 500ml (6)

An organic expeller pressed Sunflower oil extracted from sunflower seeds.




### Spiral Organic Toasted Sesame Oil 500ml (6)

Made from a select variety of Sesame seeds lightly roasted for incredible flavour.

# CERTIFIED ORGANIC VINEGAR

*Apple Cider, Balsamic & Red Wine Vinegar*




## Spiral Foods Organic Balsamic Vinegar 250ml (6)

Aged traditionally by Balsamic masters in the heart of Modena, Italy. This Balsamic has a wonderfully fruity flavour and aroma. 6% acidity.




## Mazzetti Organic Balsamic Vinegar 250ml (6)

Mazzetti's signature Balsamic series made with certified organic ingredients.




## Spiral Foods Organic Red Wine Vinegar 250ml (6)

From premium organic table wine that is slow aged and carefully processed. Expertly made from the House of Charbonneaux, France.




## Topwil Organic Apple Cider Vinegar 450ml (6)

A naturally fermented unpasteurised and unfiltered vinegar with the living 'Mother'.




## Mazzetti Organic Apple Cider Vinegar 500ml (6)

An unfiltered & unpasturised Organic Apple Cider Vinegar with the 'Mother' for active health benefits.




## Spiral Foods Org Apple Cider Vinegar 6*500ml

Prized for its flavour & taste, this vinegar is An unfiltered & unpasturised with the 'Mother'.



## CERTIFIED ORGANIC SAUCES

*Spiral Foods & Pureharvest Tamari, Soy Sauce & Vinegar*




### Organic Tamari Sauce 250ml & 500ml (6)

Made without wheat, this organic tamari sauce is naturally gluten-free and will add savoury, salty Japanese flavour to any meal.




### Soy Sauce Organic & GF 200ml (2)

Spiral Foods' Organic Lemon Hot Sauce is the perfect balance of spicy lemon with a hint of saltiness, making it an absolute must-try for all food enthusiasts.




### Shoyu Organic Sauce 250ml (6)

This tasty shoyu soy based sauce is made with organic ingredients and will add characteristic Japanese flavour to any meal..




### Pureharvest Organic Tamari Sauce 6*250ml

Made without wheat, this organic tamari sauce is naturally gluten-free and will add savoury, salty Japanese flavour to any meal.




### Organic Sushi Vinegar 250ml (6)

This versatile sushi vinegar is made by adding organic sugar to authentic organic rice vinegar made from sake.




### Organic Pum Vinegar 250ml (6)

Made from the juice of the Umeboshi plum. Ume Su has a unique tart salty flavour after the Ume is pickled in sea salt.




### Organic Mirin Sauce 250ml (6)

This mirin has a natural rice seasoning with a rounded mild sweet taste and contains amino acids, vitamins and enzymes.




### Organic Brown Rice Vinegar 250ml (6)

With a smooth delicate taste and healthy enzymes for digestion. This vinegar has been naturally fermented for 6-10 months..



## ORGANIC RICE PAPER / NOODLES

*Certified organic black, brown and white rice*




### Organic Brown Rice Noodles 250g (6)

Made from 100% organic steamed brown rice, and cook in just minutes.




### Organic White Rice Noodles 250g (6)

Made from 100% organic steamed White rice, and cook in just minutes.




### Organic Black Rice Noodles 250g (6)

Made from organic steamed Black & White rice, and cook in just minutes.




### Organic Instant Rice Noodles 10*(5*60g)

Thin translucent noodles of steamed white rice. Cooked in just a few minutes.




### Organic White Rice Paper 200g (10)

An all-natural wrapper made with 98% organic rice, organic tapioca starch & natural salt. They are 22cm in diameter, with no need to cook!




### Organic Brown Rice Paper 200g (10)

An all-natural wrapper made with 98% organic brown rice (98%), organic tapioca starch & salt. They are 22cm in diameter, with no need to cook!

## ORGANIC JAPANESE NOODLES & RAMEN

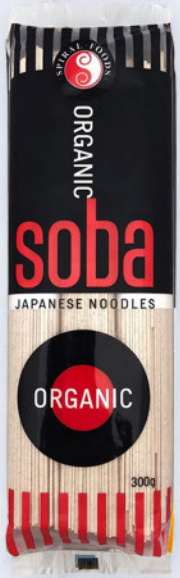
*Instant Ramen & Buckwheat, Soba,& Udon noodles*






### Org Buckwheat Soba Noodles 200g (6)

These soba noodles are made from buckwheat flour only, no wheat flour or salt is added.




### Organic Soba Noodles 300g (12)

Popular Japanese noodles made with organic wheat flour, buckwheat flour, sea salt & water.




### Organic Udon Noodles 300g (12)

These popular Japanese noodles are made with organic wheat flour, sea salt & water.









### Organic Miso Ramen 116g (10)

A delicious miso favoured liquid soup base sachet with slow dried noodles. Organic ingredients: miso, soy sauce mirin, sesame oil, coconut sugar, sea salt, yeast extract powder, water, garlic, kombu powder, ginger, black pepper, red chilli pepper.

### Organic Shoyu Ramen 116g (10)

A delicious Shoyu flavoured liquid soup base sachet with slow dried noodles. Organic ingredients: shoyu, water, Mirin, sesame oil, sea salt, coconut sugar, yeast extract powder, onion extract, garlic extract, green onion extract, kombu powder, white & black pepper.

# ORGANIC JAPANESE CONDIMENTS

*Umebushi, Kuzu, Sea Vegetables, Shiitake*






### Spiral Foods Organic Umebushi Plums 150g (6)

These traditional Japanese pickles are salty plums that have been soaked in a salt bath. Shiso leaves are added during the pickling process to impart a reddish colour and natural flavouring.




### Spiral Foods Organic Shitake Mushrooms 50g (6)

Prized as an Elixir of Life since ancient times. These macrobiotics quality shiitake mushrooms are grown in the traditional way on oak logs and are an absolute storehouse of valuable nutrients.



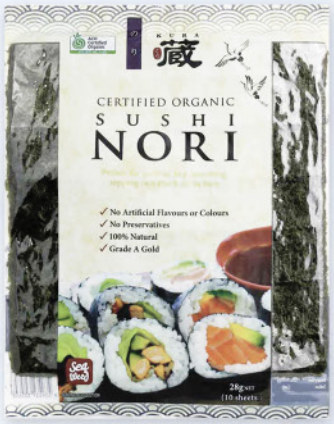

### Spiral Foods Organic Umebushi Puree 150g (6)

Made from salty pickled plums and used as a seasoning in Japanese cuisine like sushi, rice balls and a variety of delicious dips, salsa, sauces, salad dressings and seasoned vegetable dishes.




### Spiral Foods Organic Kuzu 100g (6)

Certified organic and sustainably sourced, this kuzu is a versatile thickening agent known for its neutral flavour and silky texture. Perfect for sauces, stews, and marinades,.




### Kura Organic Sushi Nori

Kura Certified Organic roasted Sushi Nori is of the highest quality and classified as Grade A Gold. Its quality is shown in its dark colour, inhibiting a smooth and rich taste of authentic Japanese nori.




### Spiral Foods Organic Agar Agar 30g (10)

Foods Agar agar is a vegetable gel made from natural and organic seaweeds. They are sourced from Japan where they are cooked, formed and then frozen for distribution.





# ORGANIC MISO

*Organic miso paste and instans miso soup*




## Organic Shiro Miso 300g (8)

Light in colour and sweet in flavour. Made with: Organic Rice, water, organic whole soybeans, sea salt, alcohol, koji seed. Contains approx. 2% alcohol.




## Organic Genmai Miso 400g (6)

Naturally fermented in Oak barrels for 12 months and has a rich miso flavour. Organic whole soybeans, organic brown rice, water, sea salt, koji spores.




## Organic Instant Miso Soup 5*10g (12)

Made with naturally fermented miso that is freeze dried. It's convenient miso soup with a light mild flavour made with: Organic brown rice miso (48%)(organic whole soybeans, organic brown rice, salt, koji), organic barley miso (48%)(organic whole soybeans, organic barley, salt, koji), wakame (contains iodine), kombu powder (contains iodine.)










## Organic Mugi Miso 400g (6)

Naturally fermented in Oak barrels for 12 months and has a great miso flavour. Organic whole soybeans, organic barley, water, sea salt, koji spores.




## OrganicHatcho Miso 300g (6)

Darker in colour and richer in flavour. This miso is made of organic whole soybeans, water, sea salt, koji seed, Organic roasted soybean flour.

## ORGANIC LEGUMES

*Certified organic legumes*




### Organic Cannellini Beans 12*400g

Lower carbohydrates and higher protein. Organic White Cannellini beans (60%), water




### Organic Black Beans 12*400g

A favourite in the Americas, Caribbean and a Mexico.. Organic Black Beans (60%), water



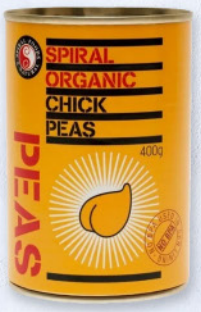

### Organic Brown Lentils 12*400g

Versatile and nutritious, easy to prepare for cooking dishes. Organic Lentils (60%), water




### Organic Red Kidney Beans 12*400g

Popular in Mexican and Mediterranean cuisine. Organic Red Kidney Beans (60%), water




### Organic Chick Peas 12*400g

a favoured ingredient in middle-eastern cuisine. Organic Chick Pea (60%), water

## ORGANIC PEANUT BUTTER

*Certified organic, kosher crunchy & smooth*




### Organic Smooth Peanut Butter 375g (6)

This smooth creamy peanut butter spread has a full peanut flavour. 100% Certified organic roasted peanuts.






### Organic Crunchy Peanut Butter 375g (6)

A thick paste mixed in with granulated roasted peanuts full of rich flavour. 100% Certified organic roasted peanuts.

## ORGANIC MUSTARD

*Spiral Foods Organic Mustard*




### Spiral Foods Organic Spiced Turmeric Mustard 6*200g

This organic turmeric spiced mustard adds a delicious kick to the traditional French mustard while having extra health benefits from turmeric.




### Spiral Foods Organic French Dijon Mustard 6*200g

A traditional French condiment using organic mustard seeds. It s smooth and full of flavour. Great in sauces, dressings and on its own.




### Spiral Foods Organic Wholegrain Mustard 6*200g

Spiral Foods' best-selling organic wholegrain mustard is only partially blended creating a coarse texture that adds a depth of flavour to meat.

## ORGANIC MAYONNAISE

*Pure Addiction*






### Pure Addiction Organic Mayonnaise 6*440g

A deliciously thick, rich and creamy organic mayonnaise, with a slight sweet acidic mustard note. It is well balanced and made from organic free range whole eggs. and high oleic sunflower oil that is used is both certified organic and cold pressed,





# The TENDER TABLE
PLANT-BASED KITCHEN

Introduce more plant-based options to your kitchen with The Tender Table's exquisite range of dairy-free meals, spreads, and coconut whipping creams.

## ORGANIC WHIPPING CREAM

*Delicious & Creamy*




### Original Coconut Whipping Cream 6*400g

This delicious, creamy coconut Whipping Cream is 100% natural, dairy-free, and has no nasty additives.

## ORGANIC CONDENSED MILK

*Rich & Creamy*




### Condensed Coconut Milk 6*210g

Made from certified organic condensed coconut milk and organic cane sugar. It has a rich and creamy flavour.




### Vanilla Coconut Whipping Cream 6*400g

This delicious, creamy Vanilla Whipping Cream is 100% natural, dairy-free, and has no nasty additives.




### Org Banana Blossoms in Brine 6*400g

This delicately textured banana blossom is soaked in brine to enhance its juiciness. It is then combined with our organic lime juice for a zesty touch.

## ORGANIC FRUIT IN BRINE

*Jackfruit & Banana Blossoms*

The perfect vegan-friendly offerings that can be enjoyed at any time of the day, whether it be added to stir frys, light salads or with your favourite pasta, ramen and noodles.




### Organic Jackfruit in Brine 6*400g

This Jackfruit is soaked shredded & seasoned in brine to enhance its juiciness. Then combined with organic lime juice for a zesty touch.



## ORGANIC MAPLE SYRUP

*Maple Joe, Chefs Choice & Spiral Foods*




### Maple Joe Organic Maple Syrup 189ml

Ingredients: 100% Pure Organic Maple Syrup




### Chef's Choice Organic Maple Syrup 189ml, 3l

Ingredients: 100% Pure Organic Maple Syrup




### Spiral Foods Organic Maple Syrup 250ml

Ingredients: 100% Pure Organic Maple Syrup

## CHEF'S CHOICE ORGANIC JUICES

*Organic Lemon Juice*

Ready squeezed lemon for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces. The real taste of fresh Sicilian organic lemons.




### Organic Lemon Juice From Sicily 6*1l

Water, Organic Lemon Juice (30%), Acidifier: Citric Acid.



*Organic Pomegranate Juice*

Pure pomegranate juice freshly cold pressed from whole ripe pomegranates grown organically and harvested at peak ripeness for full flavour and nutrients. Naturally rich in antioxidants and nutrients.




### Organic Pomegranate Juice 6*750ml

Ingredients: Organic Pomegranate Juice (100%).










PURE HARVEST

## CERTIFIED ORGANIC OATS

*Quick & Rolled Oats*




### Organic Rolled Oats 6*500g

Pureharvest Organic Rolled Oats are a type of lightly processed whole-grain food. Traditionally, they are made from oat that have been dehusked and steamed, before being rolled into flat flakes.



### Organic Quick Oats 6*500g

These quick / instant oats are the most processed of the three oat varieties. They are pre-cooked, dried, rolled and pressed slightly thinner than rolled oats, making them cook quicker at home.

## ORGANIC RICE/ CORN CAKES

*Quinoa, Sesame and Rice or Corn*




### Organic Quinoa Rice Cakes 6*150g

Organic organic whole brown rice and 10% organic quinoa.




### Organic Rice Cakes 6*150g

The original organic whole brown rice and sea salt.




### Organic Sesame Rice Cakes 6*150g

Organic brown rice with a touch of organic sesame seeds.




### Organic Corn Cakes6*150g

Organic Corn Cakes are made from organic maize.



Pat's ORGANIC SNACKS




## Organic Corn Cakes 12*150g

Ingredients: Organic Corn and Sea Salt.




## Organic Banana Chips 12*300g

Organic Sliced Banana, Organic Coconut Oil and Organic Cane Sugar.




## Organic Rice Cakes 12*150g

Ingredients: Organic Brown Rice & Sea Salt.




## Organic Coconut Crunch Original 12*150g

Organic Coconut Milk, Organic Traditional Rice Flour, Organic Cassava Flour, Organic Cane Sugar and Organic Rice Malt Syrup.




## Organic Coconut Crunch Chocolate 12*150g

Organic Coconut Milk, Organic Rice Flour, Organic Cassava Flour, Organic Cane Sugar, Organic Cacao Liquor, Organic Rice Malt Syrup.




## Organic Coconut Clusters Toasted 12*150g

Organic: Coconut Chips (Toasted and Salted), Pumpkin Seeds, Sunflower Seeds, Black Chia Seeds, Cane Sugar and Rice Malt Syrup




## Organic Coconut Chocolate Clusters 12*150g

Organic: Toasted Coconut Chips, Pumpkin Seeds, Sunflower Seeds, Chia Seeds, Cacao Liquor, Cane Sugar, Coconut Sugar, Rice Malt Syrup.



## ORGANIC COCONUT ROLLS

Pat's Organic Coconut Rolls are a light and crispy snack made with real organic coconut milk. While offering you a unique crispy texture, this vegan-friendly snack is rolled using a traditional method avoiding extrusion techniques to preserve the goodness and nutrition of the natural ingredients. Munch on these Coconut Rolls as a crunchy snack, sprinkle as a flaky topping or dip in your morning cup of tea or coffee!




### Original Coconut Rolls 12*140g

Organic: Organic Coconut Milk (60%), Organic Traditional Rice Flour, Organic Cassava Flour and Organic Cane Sugar.




### Cinnamon Ginger Coconut Rolls 12*140g

Org: Coconut Milk, Traditional Rice Flour, Green Banana Flour, Cane Sugar, Cinnamon Powder and Ginger Powder.




### Ginger Coconut Rolls 12*140g

Organic: Coconut Milk, Traditional Rice Flour, Green Banana Flour, Cane Sugar and Ginge r Powder




### Vanilla Coconut Rolls 12*140g

Organic: Coconut Milk, Traditional Rice Flour, Cassava Starch, Coconut Sugar, Cane Sugar, Natural Vanilla Flavour




### Strawberry Coconut Rolls 12*140g

Organic: Coconut Milk, Organic Traditional Rice Flour, Cassava Starch, Coconut Sugar, Strawberry.




### Chocolate Coconut Rolls 12*140g

Organic: Coconut Milk, Traditional Rice Flour, Cassava Starch, Coconut Sugar, Cane Sugar and Cacao Liquor

## ORGANIC PLANT-BASED CRACKERS

Pat's organic crackers range is made from healthy organic vegetables, fruit and / or grains, and are gluten free, vegan friendly and all natural.




### Organic Sweet Potato Crackers 12*100g

Organic: Sweet Potato (76%), Wild rice flour, coconut oil, Sea salt, pepper, Cumin and Turmeric




### Organic Jackfruit Crackers 12*100g

Organic: Jackfruit (73%), Wild rice flour, coconut oil, Sea salt, pepper, Cumin and Turmeric




### Organic Pumpkin Crackers 12*100g

Organic: Wild rice flour Pumkin, Coconut Flour, Coconut oil, Sea salt ,pepper, cumin and turmeric.




### The Ultimate Organic Crackers 12*100g

Organic: Banana Blossom, Wild rice flour, Coconut oil, Curry leaves, Activated Coconut Charcoal Powder, Sea salt, chilli, Cumin and turmeric




### Organic Whole Seed Crackers 12*100g

Organic: Wild rice, Black Gram, Green Gram, Chickpea, black eyed bean, Coconut Flour, purified water, Coconut Oil, Chilli, Cumin , Curry





## TOTOPOS & RICE CRACKERS

*Traditional Japanese rice crackers & Authentic Mexican Corn Totopos*




### Organic Black Sesame Rice Crackers 75g (12)

These rice crackers have black sesame seeds making them nutty, highly nutritious & rich in iron and calcium.




### Organic White Sesame Rice Crackers 75g (12)

These rice crackers have white sesame seeds, also making them highly nutritious, rich in iron and calcium.




### Organic Tamari Rice Crackers 65g (12)

These tasty rice crackers have the salty flavour of tamari and are extra tasty as well as nutritious and crunchy.




### Organic Nori Seaweed Rice Crackers 75g (12)

These crunchy rice crackers have added nori seaweed making them highly nutritious, and rich in iodine, zinc & iron.

Loña Cholita Tortilleria




### Organic White Corn Totopos 12*170g

Certified Organic Nixtamalized maize flour (Activated with lime juice for better digestion), rice bran oil & Himalayan pink salt.




### Organic Blue Corn Totopos 12*170g

Certified Organic Nixtamalized Blue Corn maize flour (Activated with lime juice), rice bran oil & Himalayan pink salt.




### Organic Chipotle Mixed Corn 12*170g

Certified organic nixtamalized blue & white maize flour, chipotle in adobo, rice bran oil, Himalayan pink salt, chipotle powder, paprika.



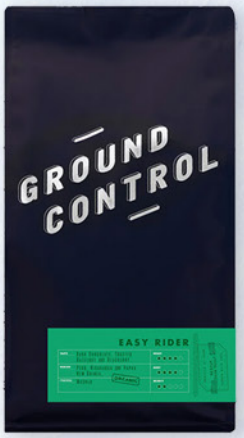

### Org White Corn & Avocado Oil 12*170g

Certified Organic Nixtamalized maize flour (Activated with lime juice for better digestion), Avocado Oil & Himalayan pink salt.



## Organic Local Coffee

*Organic Beans & Ground Coffee*



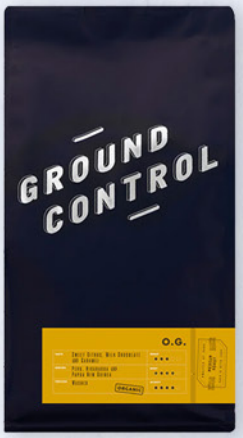

### Organic Easy Rider

A balanced roast profile between a traditional medium and dark. This 100% organic blend will fire your up your engine without kicking things into overdrive. It's big on flavour and easy on the palette. Dark chocolate, toasted hazelnut and blackberry.



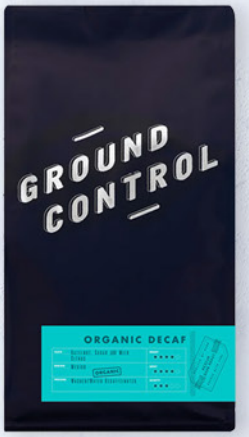

### Org Midnight Cowboy

Saddle up and ride into the night with this dark, organic roast. It's the OG blend, with an organic Indian Robusta to turn things up a notch. It's all balance with a bit of bite. An explosion of nuttiness, dark berries and malt undertones.




### O.G. Organic

Drink good coffee. Do good things. This blend personifies this simple philosophy. A delicious medium roast of ethically sourced, 100% organic beans with notes of sweet citrus, milk chocolate and caramel round out this feel good story.




### Organic Decaf

A water-processed Mexican decaf that gives you all the goodness of the bean without the caffeine. Roasted to be big on flavour but not on buzz, it'll send smooth citrus, hazelnut and cacao vibes your way, and is perfect enjoyed black or with milk.

## Organic Local Teas

*Loose Leaf & Teaa Bags*







### Organic Rooibos Chai
### Loose Leaf 150g & Tea Bags

This distinctive red tea has a sweet and deliciously earthy flavour with many health benefits.
Organic Ingredients: Rooibos, Ginger, Cinnamon, Cardamom, Cloves, Nutmeg, Aniseed (Caffeine Free Tea)




### Organic Green Chai
### Loose Leaf 100g

This revitalizing blend is for those who appreciate the benefits and goodness of Green Tea.
Certified Organic & Fairtrade: Green Tea, Ginger, Cinnamon, Cardamom, Cloves, Nutmeg, Aniseed.






### Organic Rainbow Chai
### Loose Leaf 150g & Tea Bags

An Award winning blend of biodynamic black tea and organic Spices, making it the top of the range.
Certified Organic Ingredients: Bio-dynamic Black Tea, Ginger, Cinnamon, Cardamom, Cloves, Nutmeg, Aniseed.







# planet organic

## ORGANIC HERBAL TEA BAGS (6 x 25PK)

All Planet Organic products are certified organic and grown as nature intended, with no synthetic chemicals, fertilisers or GMOs. Their teas come in a convenient 25 pack, with recyclable packaging and fully compostable tea bags































* Bedtime Tea
* Calming Tea
* Chai Spice Tea
* Chamomile Tea
* Darjeeling Tea
* Detox Tea
* Digest Tea
* Earl Grey Tea
* English Breakfast
* Female Balance
* Ginger Tea
* Ginseng Tea
* Ginseng Tea
* Green Tea
* Green DECAF Tea
* Ginger Tea
* Jasmine Green Tea
* Lemon Balm Tea
* Lemon Myrtle
* Lemongrass Tea
* Licorice Tea
* Nettle Tea
* Oolong Tea
* Peppermint Tea
* Raspberry Leaf Tea
* Rosehip & Hibiscus
* Rooibos Tea
* Spearmint Tea
* Tulsi Tea
* White Tea
* Wintertime Tea
* Yerba Mate






6 *40pk (100G)

JUST ROOIBOS

## ORGANIG ROOIBOS TEA BAGS

Made from organically grown tea leaves that contain no caffeine, Just Rooibos African Tea is a great caffeine-free tea replacement. This tea has a distinctive aroma and slightly sweet flavour. Just Rooibos has low tannin content and no colourants, additives or preservatives.

# Nature's Cuppa Organic Tea



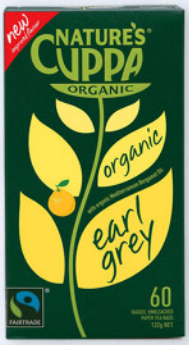

## Ceylon Tea 25pk, 60pk, 120pk

Ingredients: Certified organic Ceylon tea




## Organic Chai Spiced Tea 50pk

Certified organic (Black tea, cinnamon, cardamon, ginger, cloves, pepper, vanilla bean)




## Organic Earl Grey 25pk & 60pk

Ingredients: Certified organic Ceylon tea & organic bergamot oil.




## Organic Green Tea 60pk

Ingredients: Certified organic green tea.




## Nature's Cuppa Organic Loose Leaf Tea 125g

Nature's cuppa Green tea & Ceylon tea are also available in loose leaf packs.




## Nature's Cuppa Rich Roast Coffee Alternative 125g

An instant healthy coffee alternative made from all natural non-gmo ingredients.
Ingredients: Roasted Barley, Rye,Chicory, Malt




## Nature's Cuppa Freeze Dried Organic Coffee 200g

Instant freeze dried rainforest coffee granules from 100% Arabic organic coffee beans.
Ingredients: 100% premium Arabica freeze dried organic coffee granules.

