

ETHICALLY SOURCED • SUSTAINABLE • COMPETITIVE

CERTIFIEDORGANIC

CATALOGUE 2025



















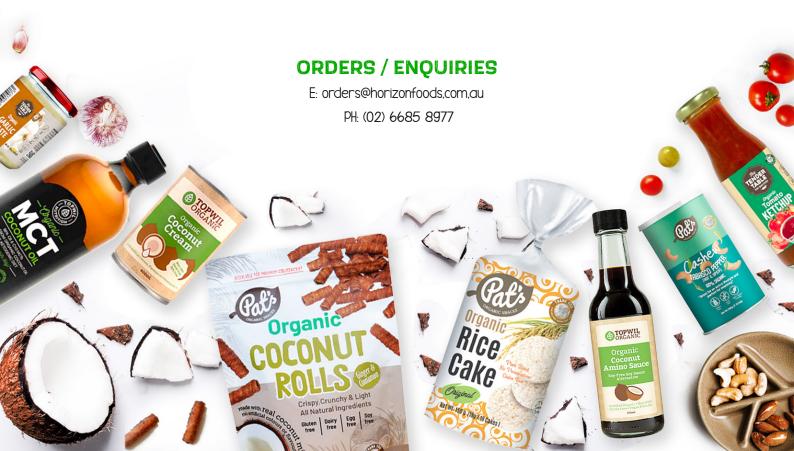














ORGANIC COCONUT MILK, CREAM & BUTTER

Unbelievable creaminess and flavour!

Topwil Organic Coconut products are made from fresh, environmentally sustainable coconuts grown in organically certified farms in Sri Lanka. All products are nutritiously delicious, natural and creamy, with no additives, thickeners or preservatives.



ORGANIC COCONUT MILK 17%

Organic Coconut Extract, Purified Water



ORGANIC COCONUT CREAM 22%

Organic Coconut Extract,
Purified Water



THICK COCONUT CREAM 30%

Organic Coconut Extract,
Purified Water



COCONUT CREAM & LEMONGRASS

Organic: Coconut Milk, Purified Water, Lemongrass & Ginger



COCONUT CREAM & CURRY MASALA

Organic: Coconut Milk, Purified Water, Coriander & Spices



& TURMERIC

Organic: Coconut Milk, Purified
Water & Turmeric

ORGANIC COCONUT BUTTER ORIGINAL

Pure Organic Coconut Meat Removed Odour and Flavour High in Medium Chain Fatty Acid (less than C12) No Cholesterol





ORGANIC TOASTED COCONUT BUTTER

Toasted Organic Coconut Meat Removed Odour and Flavour High in Medium Chain Fatty Acid (less than C12) No Cholesterol

ORGANIC COCONUT AMINO SAUCE

A premium soy free soy sauce alternative!

Topwil Organic Amino Sauces are made from sustainably grown, organically certified coconuts from Sri Lanka. The sap collected from coconut blossoms is cooked with organic spices and sea salt and aged to create the perfect taste.



ORIGINAL

Fermented Organic Coconut Sap, Sea Salt



TERIYAKI

Organic Coconut Sap, Sea Salt, Organic Pepper and Natural Teriyaki Flavour 250ml



SWEET CHILLI

Organic Coconut Sap, Organic Chilli, Sea Salt 250ml



SWEET & SALTY

Organic Coconut Sap & Sea Salt 250ml



BETTER FOR YOU

Less Sodium than Soy Amino Gluten-Free & Non-GMO Vegetarian & Vegan-Friendly



Organic Coconut Sap, Organic Garlic, Organic Ginger, Sea Salt and Natural Smoke Flavour 250ml



ORGANIC COCONUT OIL

A premium soy free soy sauce alternative!

Topwil Organic Coconut Oils are made from the finest sustainably grown, certified organic coconuts. Delicious and nutritious, it's a great raw super-food that can be used for cooking at high temperatures without burning.



COLD PRESSED VIRGIN COCONUT OIL

Smooth, healthy and delicious, Topwil premium Virgin Coconut Oil has amazing properties useful in cooking and health treatments alike.

Ingredients: 100% Organic Virgin Coconut Oil

Sold in 300g, 500g & 1kg





PURIFIED & DEODORIZED COCONUT OIL

This organic coconut oil has had the odour and flavour physically removed allowing the oil to be utilised across a wide variety of uses in which the distinct flavour associated with coconut is not desired.

Ingredients: 100% Organic Coconut Oil

Sold in 300g, 500g & 1kg





MCT COCONUT OIL

Medium Chain Triglycerides

Topwil Premium Organic MCT Coconut Oil is derived from the finest organic coconuts. It has C8 and C10 Medium Chain Triglycerides which are a potent source of fuel for the body that sustain energy levels and reduce fatigue and 'carb crashes'.

Ingredients: 100% Organic Coconut Oil Derived MCT Oil.

Sold in 300g & 500g







ORGANIC TAHINI

In organic black and white sesame seeds



UNHULLED ORGANIC WHITE TAHINI

Organic Unhulled
Sesame Seeds
375G



HULLED ORGANIC WHITE TAHINI

Organic Hulled Sesame Seeds 375G



HULLED ORGANIC BLACK TAHINI

Organic Hulled Black Sesame Seeds 375G

ORGANIC SYRUPS

Healthy all natural, guilt free sweeteners!



ORGANIC RICE MALT SYRUP

Ingredients: Organic Brown Rice 500g



ORGANIC BLACKSTRAP MOLASSES

Ingredients: Organic Whole Cane Sugar 500g



ORGANIC AGAVE SYRUP

Ingredients: Organic Agave Syrup 500g



ORGANIC UNHULLED TAHINI 375G

100% organic hulled sesame seeds



ORGANIC TAHINI

Hulled & Unhulled

Melissa Tahini is made from 100% organic pure stone ground sesame seeds and is made locally in Australia with aussi grown as well as imported ingredients.



ORGANIC HULLED TAHINI 375G

100% organic hulled sesame seeds



Premium Canned Soup



ORGANIC VEGETABLE SOUP 400G

A hearty and nourishing blend of the finest organic vegetables, packed with natural flavours and essential nutrients, this comforting soup is perfect for a quick and healthy meal.

Organic Ingredients:

Carrot, Beans, Leaks, Potato, Tomato, Cabbage, Corn, Spinach, Water, Onion, Tapioca Starch, Garlic, Chilli, Coconut Oil, Nutritional Yeast, Sea Salt, Black Pepper, and Cumin



ORGANIC SWEET POTATO SOUP 400G

Gut-Friendly, delicious and filling,
Pat's Kitchen organic sweet potato
soup is a creamy-dreamy hug in
every slurp. Easy and ready to go
wholesome meal!

Organic Ingredients:

Sweet Potato, Water, Coconut Milk, Onion, Garlic, Chilli, Cumin, Basil, and Sea Salt.



ORGANIC PUMPKIN SOUP 400G

Pat's Kitchen's super dreamy and creamy, hearty organic pumpkin soup is the easy and cosy way to enjoy pumpkin's pure fibre and vitamin A goodness. Simply warm up and enjoy!

Organic Ingredients:

Pumpkin, Butternut Pumpkin, Water, Coconut Milk, Onion, Garlic, Tomato, Chilli, Coconut oil, Cumin, Pepper and Sea Salt.









PREMIUM CERTIFIED ORGANIC RANGE

Chef's Choice is an Australian brand established by, and for, lovers of gourmet food. They have scoured the globe to seek out only the very best flavours of Asia, Europe, the Pacific, the Middle East and beyond so that everyone can enjoy gourmet products used in restaurants and cafes across Australia.

CERTIFIED ORGANIC BEANS

All Natural Beans Sourced from Italy

Organically grown and harvested in the magnificent valleys of the Italian countryside.



ORGANIC BORLOTTI BEANS

Organic Borlotti Beans, Water, Salt.



ORGANIC BLACK BEANS

Organic Black Eye Beans, Water, Salt.



ORGANIC BUTTER BEANS

Organic Butter Beans, Water, Salt.



ORGANIC CHICKPEAS

Organic Chickpeas, Water, Salt.



ORGANIC BAKED BEANS

Organic: Pea Navy Beans, Water, Tomato Paste, Sugar, Corn Starch, Seasonings.



ORGANIC CANNELLINI BEANS

Organic Cannellini Beans, Water, Salt.



CERTIFIED ORGANIC CANNED TOMATOES & PASSATA

Sun Ripened & Rich in Flavour

Made from the highest quality organic tomatoes, hand picked and ripened under the beautiful Italian sun,

Chef's Choice Passata range is thick and full of flavour.



ORGANIC DICED
TOMATOES IN JUICE

Organic Diced Tomatoes,
Organic Tomatoes Juice.



ORGANIC WHOLE TOMATOES IN JUICE

Organic Peeled Tomatoes,
Organic Tomato Juice.



ORGANIC CHERRY TOMATOES IN JUICE

Organic Cherry Tomatoes,
Organic Tomato Juice.



ORGANIC PASSATA
CRUSHED TOMATOES

Certified Organic Tomatoes (100%).



ORGANIC PASSATA WITH BASIL

Organic Tomatoes, Organic Basil Leaf.



ORGANIC PASSATA COOKING SAUCE

Certified Organic Tomatoes (100%).



CERTIFIED ORGANIC SEED & GRAIN

All Natural, Nutrient Rich Products



ORGANIC BLACK RICE

A sweet, alluring aroma, a nutty taste and a striking colour, sure to make it a wow factor in any dish!

Once considered an indulgence, this wholesome rice can now be enjoyed everyday.

Ingredients: 100% Organic
Black Rice.



ORGANIC CHIA SEEDS

Branded as one of nature's super foods, these chia seeds are easy to use and can become a valuable addition to a healthy diet. They are full of antioxidants, protein and dietary fibre.

Ingredients:

Organic Chia Seeds



ORGANIC WHITE SESAME SEEDS

These organic roasted sesame seeds have a delicious nutty taste, making them the perfect crunchy topping for that extra oomph to any meal.

Ingredients: Organic White Roasted Sesame Seeds.



ORGANIC BLACK SESAME SEEDS

These Organic Black Roasted
Sesame Seeds might be small but
they are packed full of flavour!
Boasting an unbelievable nutty
flavour sure to enhance any meal,
and look good while doing it!

Ingredients:

Organic Black Sesame Seeds



KURA ORGANIC SWEETENED KINAKO

Sweetened Kinako is a delicate flour made from organic roasted soybeans. This Japanese condiment and superfood has a warm, nutty flavour that is similar to peanuts!

Ingredients: Organic Raw Sugar and organic Soy Beans.



ORGANIC RAW CACAO POWDER

Full of flavonoids and a natural health remedy, this cacao has a hint of bitterness, that gives an intense chocolate taste to baked goods and desserts, which is just delicious!

Ingredients:

Organic Cacao Powder





CERTIFIED ORGANIC COCONUT

Coconut Cream, Coconut Milk & Coconut Oil

Chef's Choice coconut products are sourced from organic farms in Sri Lanka and Vietnam. They are certified organic with no artificial flavours, colours or preservatives, and are completely natural vegan friendly.





ORGANIC COCONUT CREAM 400G

Ingredients: Organic Coconut Cream, Water, and Organic Guar Gum.



ORGANIC COCONUT OIL 500ML

Ingredients: Organic Extra
Virgin Coconut Oil (100%).
Unrefined Coconut Oil.



ORGANIC COCONUT MILK 400G

Ingredients: Organic Coconut
Milk (71%), Water, and
Organic Guar Gum.



HOT CALABRIAN CRUSHED CHILLIES

Organic Chilli, Organic Sunflower Oil, Organic Extra Virgin Olive Oil, Salt, Organic White Wine Vinegar, Citric Acid.

CERTIFIED ORGANIC CALABRIAN CHILLIES

Marinated in Olive Oil

Calabrian climate and high quality fertile grounds produce crops of a grade like no other. These chillies are delicately infused with authentic Mediterranean spice marinated in Olive Oil.



EXTRA HOT CALABRIAN CHILLIES

Organic Chilli, Organic Sunflower Oil, Organic Extra Virgin Olive Oil, Salt, Organic White Wine Vinegar, Citric Acid.



ORGANIC MAPLE SYRUP

Maple Joe, Chefs Choice & Spiral Foods



MAPLE JOE ORGANIC MAPLE SYRUP 189ML

Ingredients: 100% Pure
Organic Maple Syrup



CHEF'S SELECTION ORGANIC MAPLE SYRUP 189ML, 3L

Ingredients: 100% Pure Organic Maple Syrup



SPIRAL FOODS ORGANIC MAPLE SYRUP 250ML

Ingredients: 100% Pure
Organic Maple Syrup



ORGANIC LEMON JUICE FROM SICILY 1L

Water, Organic Lemon Juice (30%), Acidifier: Citric Acid.

CHEF'S CHOICE ORGANIC JUICES

Organic Lemon Juice

Ready squeezed lemon for all culinary uses.
Ideal on salads, seafood, meats, cocktails,
sweets and sauces. The real taste of fresh
Sicilian organic lemons.



Organic Pomegranate Juice

Pure pomegranate juice freshly cold pressed from whole ripe pomegranates grown organically and harvested at peak ripeness for full flavour and nutrients. Naturally rich in antioxidants and nutrients.



ORGANIC POMEGRANATE JUICE 750ML

Ingredients: Organic
Pomegranate Juice (100%).





PUREHARVEST ORGANIC ROLLED OATS 1KG

Pureharvest Organic Rolled Oats are a type of lightly processed whole-grain food. Traditionally, they are made from oat that have been dehusked and steamed, before being rolled into flat flakes.



SANMIK FARMS ORGANIC JASMINE RICE 1KG

This Certified Organic Jasmine
Rice is a fragrant long grain rice
perfect for southeast Asian style
dishes. It is slightly sticky but
still fluffy when cooked.



CERTIFIED ORGANIC OATS & RICE

Pureharvest & Sanmik Farms



SANMIK FARMS ORGANIC BASMATI RICE 1KG

This Certified Organic Basmati
Rice from Sanmik Farms is a long
grained rice with a distinctive nutty
flavour, a firm texture, and a
slightly floral aroma.



PUREHARVEST ORGANIC QUICK OATS 1KG

These quick / instant oats are the most processed of the three oat varieties. They are pre-cooked, dried, rolled and pressed slightly thinner than rolled oats, making them cook quicker at home.



SANMIK FARMS ORGANIC JASMINE BROWN RICE 1KG

Sanmik Farms, Certified Organic Jasmine Brown Rice is delicately soft in texture when cooked and holds a delicious lightly sweet flavour.



CERTIFIED ORGANIC OLIVE OILS



Organic Olive Oil Peanut & Sesame Oil Sunflower Oil



THREE OLIVES ORG EV OLIVE OIL 1L & 3L

An unfiltered EV oil made from organic Mediterranean cold-pressed olives.



TOPWIL ORGANIC EV OLIVE OIL 250ML

Made with certified organic olives in Australia, this EV oil is cold- pressed.



BARBERA ORGANIC EV OLIVE OIL 1L

Made from the finest Organic
Italian olives using the cold
extraction method.



SPIRAL EV OLIVE OIL 250ML & 500ML

An unfiltered EV oil made from organic Mediterranean coldpressed olives.



SPIRAL PEANUT
OIL 500ML

An organic oil with a light colour, and a vibrant nutty flavour and fragrance.



SPIRAL SUNFLOWER OIL 500ML

An organic expeller pressed
Sunflower oil extracted from
sunflower seeds.



SPIRAL TOASTED
SESAME OIL 500ML

Made from a select variety of Sesame seeds lightly roasted for incredible flavour.

CERTIFIED ORGANIC VINEGAR

Apple Cider, Balsamic & Red Wine Vinegar



SPIRAL ORG BALSAMIC VINEGAR 250ML

Aged traditionally by Balsamic masters in the heart of Modena, Italy. This Balsamic has a wonderfully fruity flavour and aroma. 6% acidity.



MAZZETTI ORGANIC BALSAMIC VINEGAR 250ML

Mazzetti's signature Balsamic series made with certified organic ingredients.



SPIRAL ORGANIC RED WINE VINEGAR 250ML

From premium organic table wine that is slow aged and carefully processed. Expertly made from the House of Charbonneaux, France.



TOPWIL ORGANIC APPLE CIDER VINEGAR 450ML

A naturally fermented unpasteurised and unfiltered vinegar with the living 'Mother'.



MAZZETTI ORGANIC APPLE CIDER VINEGAR 500ML

An unfiltered & unpasturised
Organic Apple Cider Vinegar
with the 'Mother' for active
health benefits.



SPIRAL ORGANIC APPLE CIDER VINEGAR 500ML

Prized for its flavour & taste, this vinegar is An unfiltered & unpasturised with the 'Mother'.









ORGANIC FURIKAKE TAMARI

A seasoning made of toasted white sesame seeds and organic Tamari, Sprinkle it on rice, grilled fish, meats, sautéed vegetables, salads, stir fries or soups.



ORGANIC FURIKAKE UMEBUSHI

A seasoning made of toasted sesame seeds, sea salt, green nori flakes, organic shiso flakes and organic dried umeboshi flake (a traditional Japanese pickled plum).



ORGANIC FURIKAKE YUZU

A seasoning made of sesame seeds, nori (seaweed), sea salt and dried yuzu zest. Yuzu has a wonderfully distinct floral citrus flavour that is sure to spruce up any dish!



Premium Sauces & Furikake



ORGANIC FURIKAKE SEAWEED

A seasoning made of toasted white sesame seeds, sea salt and green nori (dried seaweed). Try this organic Furikake with Aosa when you want to add a pop of flavour.



ORGANIC GINGER & YUZU HOT SAUCE

Unleash your taste buds with this unique blend of zesty Yuzu and fiery ginger. It's a flavour explosion that promises to elevate your dishes to new heights.



ORGANIC SMOKED SHOYU SAUCE

This organic smoked shoyu elevates dishes by perfectly combining umami with a rich smoky flavour. Use as a dipping sauce or drizzle over vegetables, meats or fish.



ORGANIC LEMON HOT SAUCE

Spiral Foods' Organic Lemon
Hot Sauce is the perfect
balance of spicy lemon with a
hint of saltiness, making it an
absolute must-try for all
food enthusiasts.





ORGANIC TAMARI SAUCE

Made without wheat, this organic tamari sauce is naturally gluten-free and will add savoury, salty Japanese flavour to any meal.



SOY SAUCE Organic & Gluten Free

Spiral Foods' Organic Lemon

Hot Sauce is the perfect balance
of spicy lemon with a hint of
saltiness, making it an absolute
must-try for all food enthusiasts.



SHOYU Organic Sauce

This tasty shoyu soy based sauce is made with organic ingredients and will add characteristic Japanese flavour to any meal..



ORGANIC SUSHI VINEGAR

This versatile sushi
vinegar is made by adding
organic sugar to authentic
organic rice vinegar made
from sake.



ORGANIC PLUM VINEGAR

Made from the juice of the Umeboshi plum. Ume Su has a unique tart salty flavour after the Ume is pickled in sea salt.



ORGANIC MIRIN SAUCE

This mirin has a natural rice seasoning with a rounded mild sweet taste and contains amino acids, vitamins and enzymes.



ORGANIC BROWN RICE VINEGAR

With a smooth delicate taste and healthy enzymes for digestion. This vinegar has been naturally fermented for 6-10 months..





SPIRAL ORGANIC UMEBUSHI PLUMS

These traditional Japanese pickles are salty plums that have been soaked in a salt bath. Shiso leaves are added during the pickling process to impart a reddish colour and natural flavouring.



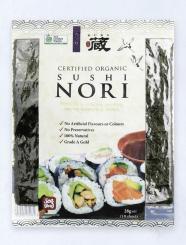
SPIRAL FOODS A ORGANIC KUZU

Certified organic and sustainably sourced, this kuzu is a versatile thickening agent known for its neutral flavour and silky texture. Perfect for sauces, stews, and marinades,.



ORGANIC SHIITAKE MUSHROOMS

Prized as an Elixir of Life since ancient times. These macrobiotics quality shiitake mushrooms are grown in the traditional way on oak logs and are an absolute storehouse of valuable nutrients.



KURA ORGANIC SUSHI NORI

Kura Certified Organic roasted
Sushi Nori is of the highest
quality and classified as Grade
A Gold. Its quality is shown in its
dark colour, inhibiting a smooth
and rich taste of authentic
Japanese nori.



Umebushi Plums, Kuzu, Sea Vegetables, Shiitake Mushrooms



SPIRAL ORGANIC UMEBUSHI PUREE

Made from salty pickled plums and used as a seasoning in Japanese cuisine like sushi, rice balls and a variety of delicious dips, salsa, sauces, salad dressings and seasoned vegetable dishes.



SPIRAL FOODS AGAR AGAR ORGANIC

Spiral Foods Agar agar is a vegetable gel made from natural and organic seaweeds.

They are sourced from Japan where they are cooked, formed and then frozen for distribution.





SPIRAL ORGANIC WHOLEGRAIN MUSTARD

Spiral Foods' best-selling organic wholegrain mustard is only partially blended creating a coarse texture that adds a depth of flavour to meat.



PURE ADDICTION ORGANIC MAYONNAISE

A deliciously thick, rich and creamy organic mayonnaise, with a slight sweet acidic mustard note. It is well balanced and made from organic free range whole eggs. and high oleic sunflower oil that is used is both certified organic and cold pressed,



SPIRAL ORGANIC SPICED TURMERIC MUSTARD

This organic turmeric spiced
mustard adds a delicious kick to the
traditional French mustard while
having extra health benefits from
turmeric.



CHEF'S CHOICE ORGANIC AIOLI

This certified organic aioli sauce is a creamy and flavourful condiment that will add a delightful twist to your dishes. Made with high-quality organic ingredients, this aioli sauce delivers a perfect balance of garlic, herbs, and tangy notes.

ORGANIC MUSTARD

Spiral Foods Organic Mustard



SPIRAL ORGANIC FRENCH DIJON MUSTARD

A traditional French condiment using organic mustard seeds. It s smooth and full of flavour. Great in sauces, dressings and on its own.



ORGANIC AIOLI & MAYONNAISE

Chefs Choice & Pure Addiction





ORGANIC WHIPPING CREAM

Delicious & Creamy



ORIGINAL COCONUT WHIPPING CREAM

This delicious, creamy coconut
Whipping Cream is 100%
natural, dairy-free, and has no
nasty additives.



BANANA BLOSSOMS IN BRINE

This delicately textured banana blossom is soaked in brine to enhance its juiciness. It is then combined with our organic lime juice for a zesty touch.



Introduce more plant-based options to your kitchen with The Tender Table's exquisite range of dairy-free meals, spreads, and coconut whipping creams.



CONDENSED COCONUT MILK

Made from certified organic condensed coconut milk and organic cane sugar. It has a rich and creamy flavour.



Jackfruit & Banana Blossoms

The perfect vegan-friendly offerings that can be enjoyed at any time of the day, whether it be added to stir frys, light salads or with your favourite pasta, ramen and noodles.



ORGANIC CONDENSED MILK

Rich & Creamy



VANILLA COCONUT WHIPPING CREAM

This delicious, creamy Vanilla
Whipping Cream is 100%
natural, dairy-free, and has no
nasty additives.



JACKFRUIT IN BRINE SOLUTION

This Jackfruit is soaked shredded & seasoned in brine to enhance its juiciness. Then combined with organic lime juice for a zesty touch.



ORGANIC SIMMER SAUCES & PASTES

Authentic & Flavoursome Curry Ingredients



ORGANIC YELLOW CURRY SIMMER SAUCE

This authentic yellow curry simmer sauce is a delicious blend of herb and spice with the creamy goodness of organic coconut milk.



ORGANIC GREEN CURRY SIMMER SAUCE

An authentic green curry simmer sauce made from all natural and organic spice mix, lime juice, sea salt & creamy coconut cream.



ORGANIC RED CURRY SIMMER SAUCE

This authentic red curry simmer sauce is a delicious blend of herb and spice with the creamy goodness of organic coconut milk.



ORGANIC CHILLI, LIME PASTE

This Organic Chilli Paste
Lime is delicious as a hot
spread on flatbreads and
rice or as a condiment in
your daily cooking to
spice it up.



ORGANIC MINCED GARLIC PASTE

Made from all natural and organic garlic, coconut vinegar, coconut oil and sea salt, this garlic paste is clean and full of flavour.



ORGANIC CURRY LEAF PASTE

This Organic Curry Leaves
Paste is an easy, delicious
addition to your favourite dish,
adding a touch of freshness
and flavour
to any meal.







ORGANIC MANGO CHUTNEY

This Organic Mango Chutney
brings a unique experience to any
dish of your choice. The sweetness
of the mangoes combined with an
authentic spice mixture creates the
perfect balance between sweet and
spicy. It is sure to add character
and flavour to any dish.



ORGANIC BBQ SAUCE

Made with thick tomato puree, coconut sugar, coconut vinegar and a combination of organic smoky BBQ ingredients, sourced directly from organically certified farms.



From Certified Organic Farms

Tender Table's certified organic sauces and chutneys are made using only the freshest, cleanest ingredients, with added spice to create their unique and authentic sweet and spicy flavoured condiments.



ORGANIC SPICED ONION JAM

Made from beautifully caramelised onions, seasoned in a delicious and unique spice mixture to create the perfect balance of sweet and spicy. It is a great condiment for cheese, as a spread, added on a burger or a dip for crackers!







ORGANIC PINEAPPLE CHUTNEY

The sweetness of organic pineapples combined with an authentic spice mixture to create the perfect balance between sweet and spicy. Add some character to your salads, sandwiches, dips and curries with this delicious organic Pineapple Chutney.



ORGANIC TOMATO SAUCE

The freshest tomatoes are picked from certified organic farms to create a beautiful tomato puree.

This premium ketchup has a smooth consistency and sweet flavour.