

Love Organics.



FUNCTIONAL FERMENTATIONS

DISCOVER A NEW WORLD OF FLAVOUR



CERTIFIED ORGANIC | HANDCRAFTED | CERTIFIED VEGAN | PROBIOTIC BOOSTED





WHY CHOOSE LOVE ORGANICS ?

CERTIFIED ORGANIC



We are certified organic to National Standard with Southern Cross Certified. This ensures our produce and processes are guaranteed to meet the National Standard for Organic & Biodynamic Produce.

This standard is Australia's Export Organic Standard. Becoming Certified Organic was very important to us. We want to be recognized as a brand that only uses certified ingredients in every product. Organic Food contains a higher level of nutrients, antioxidants and is free from pesticides, chemicals and GMOs



CERTIFIED VEGAN

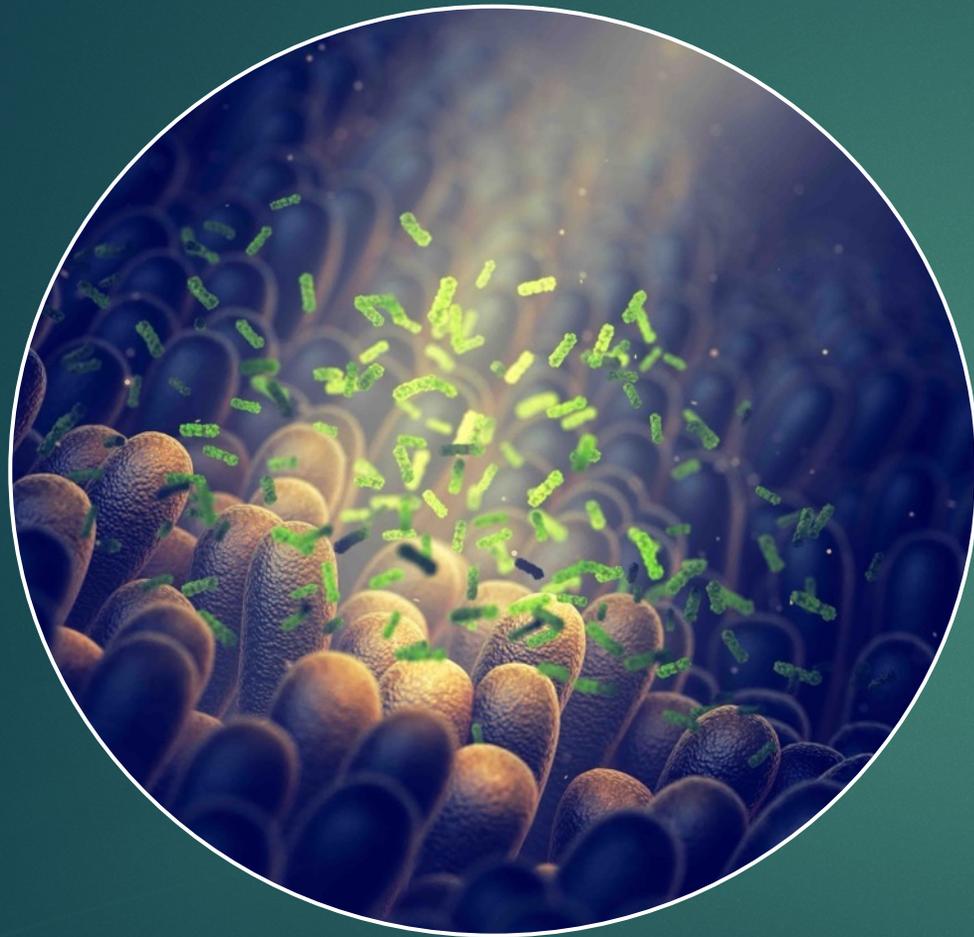
We are a certified vegan product with Vegan Australia.

Conscious consumers are seeking out these products for dietary reasons, environmental concerns and to ensure they are buying products that are cruelty free and don't contain any animal based derivatives.

We understood this is a growing market



PROBIOTIC BOOSTED



EACH SERVING (TABLESPOON) CONTAINS A
MINIMUM OF 5.25 BILLION CFU
LAB TESTED

Research tells us that good health begins in the gut. However, it isn't so much as you are what you eat, but you are what you can digest!

For this reason we boost our ferments with 3 different strains of probiotics

- *Lactobacillus rhamnosus*
- *Lactobacillus paracasei*
- *Lactobacillus plantarum*

These strains are tough enough to survive within the gut to pass on their benefits

Love Organics Probiotics

Australian Made – Non Dairy – Certified
Organic –
TGA Approved

SUPERFOODS

We believe in food that not only tastes amazing but is good for you too!

Fermented food is already well known for its health benefits. We have enhanced those benefits even further with our superfood combinations.

Turmeric, Hemp Seeds, Beetroot Powder, Hibiscus, Kelp and Nigella just to name a few!



HANDCRAFTED FLAVOUR



Our range of delicious certified organic fermented foods are like no other!

We pride ourselves on being a *premium, handcrafted, artisan product*

Every ingredient in our ferments are certified organic...no substitutes

We only use premium produce.....no seconds

We age ferment for maximum depth of flavour

All ferments are handmade and small batch

WE CALL IT "HAPPINESS IN A JAR"

INDUSTRY RECOGNITION



Our ferments have been recognized for their excellence in quality and flavour
As a company we will continue to place ourselves at the forefront



LOVE ORGANICS PRODUCT RANGE

SEA CHI

440g



INGREDIENTS:

Daikon, Cabbage, Onion, Garlic, Australian Sea Salt, Alkaline Water, Coconut Aminos, Caraway Seed, Horseradish, Kelp, Bladderwrack, Dulse, Cayenne Pepper, Blue Spirulina, L.plantarum, L.rhamnosus, L.paracasei

- ❖ Keep Refrigerated
- ❖ Shelf Life - 12 months
- ❖ Certified Organic
- ❖ Certified Vegan
- ❖ Probiotic Boosted
- ❖ Batch number and B/B printed on label



FERMENTED HAPPINESS IN A JAR

Sea-chi - a umami flavour sensation!
A curated blend of sea vegetables, blue spirulina, horseradish and garlic.
Handcrafted with love and aged fermented for maximum depth of flavour and deliciousness.



ORGANIC INGREDIENTS

Daikon, Cabbage, Onion, Garlic, Australian Sea Salt, Alkaline Water, Coconut Aminos, Caraway Seed, Horseradish, Kelp, Bladderwrack, Dulse, Cayenne Pepper, Blue Spirulina, L. plantarum, L. rhamnosus, L. paracasei
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LOVE ORGANICS HQ
2/109 Dover Drive
Burleigh Heads QLD



NUTRITIONAL INFORMATION

SERVING SIZE: 35g SERVINGS PER JAR: 12.5

	QUANTITY PER SERVING	QUANTITY PER 100g
ENERGY	39.5 KJ	113 KJ
PROTEIN	0.4 G	1.1 G
FAT, TOTAL	0 G	0 G
CARBOHYDRATES	2.1 G	6 G
- SUGARS	0.77 G	2.2 G
SODIUM	259 MG	740 MG
CALCIUM	16.1 MG	46 MG
MAGNESIUM	6.6 MG	19 MG
POTASSIUM	88.5 MG	253 MG
OMEGA 3 & 6	1.75 G	5 G

KEEP THIS PRODUCT REFRIGERATED
CONSUME WITHIN 3 MONTHS OF OPENING

ALLERGEN - CONTAINS IODINE & SEAWEED



Flavour Signature:

This is a nutritional powerhouse that packs a gorgeous umami flavour punch. A curated blend of sea vegetables (kelp, dulse and bladderwrack), blue spirulina and garlic with a lovely horseradish bite on the palate. Irresistible!



sea·chi

Blue Spirulina

Antioxidant packed with nutrients like iron, riboflavin, niacin, & magnesium, Supports healthy cholesterol, reduces blood pressure and improves muscle strength and endurance.



Sea Vegetables

Aid thyroid function, anti-inflammatory effects, packed with potassium, reduces fat absorption in the gut.

Horseradish

Naturally antibacterial, boosts circulation and clears mucus. Helps metabolism and digestion.

Blue Foods

Reduce inflammation, support cardiovascular health and protect the body from cellular damage. They have been studied for their ability to improve memory retention and recall.

LOVE ORGANICS - FUNCTIONAL FERMENTATIONS

KIMCHI

440g



INGREDIENTS:

Cabbage, Daikon, Sweet Potato, Carrot, Onion, Celtic Sea Salt, Alkaline Water, Garlic, Hemp Seed, Kelp, Turmeric, Ginger, Nigella Seed, Caraway Seed, Cayenne Pepper, L.plantarum, L.rhamnosus, L.paracasei

- ❖ Keep Refrigerated
- ❖ Shelf Life - 12 months
- ❖ Certified Organic
- ❖ Certified Vegan
- ❖ Probiotic Boosted
- ❖ Batch number and B/B printed on label



FERMENTED HAPPINESS IN A JAR
 This jar is full of certified organic fermented goodness to keep your gut and tastebuds happy! Our Kimchi is a delicious infusion of veggies and spices, handcrafted with love and aged fermented for maximum depth of flavour.

NUTRITIONAL INFORMATION
 SERVING SIZE: 35g SERVINGS PER JAR: 12.5

	QUANTITY PER SERVING	QUANTITY PER 100g
ENERGY	90 KJ	252 KJ
PROTEIN	0.56 G	1.57 G
FAT, TOTAL	0.35 G	1 G
- SATURATED	0.04 G	0.12 G
CARBOHYDRATES	3.9 G	11.1 G
- SUGARS	1.04 G	2.92 G
SODIUM	234 MG	670 MG

ORGANIC INGREDIENTS
 Cabbage, Daikon, Sweet Potato, Carrot, Onion, Celtic Sea Salt, Alkaline Water, Garlic, Hemp Seed, Kelp, Turmeric, Ginger, Nigella Seed, Caraway Seed, Cayenne Pepper, L. plantarum, L. rhamnosus, L. paracasei.

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KEEP THIS PRODUCT REFRIGERATED
 CONSUME WITHIN 3 MONTHS OF OPENING

0 754523 531403



Flavour Signature:

Our Kimchi is a great all rounder, versatile, fridge essential. An infusion of veggies and a balance of mild spice and chilli pepper. Our Kimchi offers a warm savoury accompaniment to most dishes on any home menu.



kimchi

turmeric - a powerful anti-inflammatory and antioxidant

ginger - aids digestion and improves immunity



Hemp seeds - Rich in Omega 6 and omega 3

nigella seed - anti-inflammatory and aids in regulating insulin

orange foods contain the antioxidant beta-carotene, which helps support healthy skin, hair & vision

cayenne pepper - helps to lower cholesterol and promote healthy heart function

LOVE ORGANICS - FUNCTIONAL FERMENTATIONS

ACHARA

440g



INGREDIENTS:

Daikon, Green Papaya, Capsicum, pineapple, Celtic Sea Salt, Chilli, Garlic, Ginger, Hemp Seed, Coriander, Kelp, Lemon Grass, Nigella Seed, L.plantarum, L.rhamnosus, L.paracasei

- ❖ Keep Refrigerated
- ❖ Shelf Life - 12 months
- ❖ Certified Organic
- ❖ Certified Vegan
- ❖ Probiotic Boosted
- ❖ Batch number and B/B printed on label



FERMENTED HAPPINESS IN A JAR

A little bit of heat with a little bit of sweet, guaranteed to leave you wanting more. Bursts of chilli amongst the sweet pineapple and lemongrass tang. Handcrafted with love, raw and aged fermented.



ORGANIC INGREDIENTS

Daikon, Green Papaya, Capsicum, Pineapple, Celtic Sea Salt, Chilli, Garlic, Ginger, Hemp Seed, Coriander, Kelp, Lemon Grass, Nigella Seed, L. plantarum, L. rhamnosus, L. paracasei.

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NUTRITIONAL INFORMATION

SERVING SIZE: 35g SERVINGS PER JAR: 12.5

	QUANTITY PER SERVING	QUANTITY PER 100g
ENERGY	49 KJ	137 KJ
PROTEIN	0.33 G	0.93 G
FAT, TOTAL	0.25 G	0.7 G
- SATURATED	0.02 G	0.08 G
CARBOHYDRATES	2 G	5.6 G
- SUGARS	<0.17 G	<0.5 G
SODIUM	241 MG	690 MG

KEEP THIS PRODUCT REFRIGERATED
CONSUME WITHIN 3 MONTHS OF OPENING





Flavour Signature:

There is nothing like this ferment on the market! A tangy, tropical mix of green papaya with bursts of pineapple and chilli. This ferment has a lot more acidity from the pineapple, whilst the chilli flavour builds slowly with whatever it is paired with and the green papaya has a lovely chewy texture.



achara

green papaya is rich in papain, a protease, which means that it helps with protein digestion

chilli - contains capsaicin which helps digestion, improves metabolism and promotes heart health

nigella seed - anti-inflammatory and aids in regulating insulin



pineapple - contains vitamin C, promotes tissue healing and fights inflammation

white and yellow foods
white foods help to lower the level of bad cholesterol and support the lymph. Yellow foods help maintain healthy skin, eye health and the immune system

lemongrass -
has been known to fight inflammation and relieve anxiety

LOVE ORGANICS - FUNCTIONAL FERMENTATIONS

FENNEL KRAUT

440g



INGREDIENTS:

Daikon, Fennel Bulb, Cabbage, Garlic, Celtic Sea Salt, Alkaline water, Hemp Seed, Kelp, Coriander, Caraway Seed, Cumin, Fennel Seed, L.plantarum, L.rhamnosus, L.paracasei

- ❖ Keep Refrigerated
- ❖ Shelf Life - 12 months
- ❖ Certified Organic
- ❖ Certified Vegan
- ❖ Probiotic Boosted
- ❖ Batch number and B/B printed on label



FERMENTED HAPPINESS IN A JAR
 This jar is full of certified organic fermented goodness to keep your gut happy! This Fennel Kraut is bursting with moreish flavours of garlic, fennel & kelp. Handcrafted with love, raw & aged fermented.

NUTRITIONAL INFORMATION
 SERVING SIZE: 35g SERVINGS PER JAR: 12.5

	QUANTITY PER SERVING	QUANTITY PER 100g
ENERGY	66 KJ	184 KJ
PROTEIN	0.69 G	1.95 G
FAT, TOTAL	0.28 G	0.8 G
- SATURATED	0.02 G	0.07 G
CARBOHYDRATES	2.5 G	7.1 G
- SUGARS	<0.17 G	<0.5 G
SODIUM	283 MG	810 MG

ORGANIC INGREDIENTS
 Daikon, Fennel bulb, Cabbage, Garlic, Celtic Sea Salt, Alkaline Water, Hemp Seed, Kelp, Coriander, Caraway Seed, Cumin, Fennel Seed, L. plantarum, L. rhamnosus, L. paracasei.

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Flavour Signature:

An addictive blend of garlic, kelp and fennel – another fridge essential. The fennel kraut is also a versatile ferment. Closest in the range to a traditional sauerkraut, however this blend has so much more flavour – it leaves it's sauerkraut cousin for dead!



fennel kraut

fennel - aids digestion and reduces bloating and gas

kelp great source of iodine and a natural anti-inflammatory

Hemp seeds - Rich in Omega 6 and omega 3 and packed with protein

garlic - strengthens the immune system and is a powerful anti-inflammatory



green foods contain chlorophyll and are abundant in nutrients associated with heart health including, vitamin K, magnesium and folates

caraway seed - helps with digestion and calms the digestive tract

LOVE ORGANICS - FUNCTIONAL FERMENTATIONS

RUBY KRAUT

440g



INGREDIENTS:

Daikon, Red Cabbage, Apple, Green Cabbage, Celtic Sea Salt, Ginger, Alkaline Water, Hibiscus Flower, Beetroot Powder, Garlic, Caraway Seed, Juniper Berry, L.plantarum, L.rhamnosus, L.paracasei

- ❖ Keep Refrigerated
- ❖ Shelf Life - 12 months
- ❖ Certified Organic
- ❖ Certified Vegan
- ❖ Probiotic Boosted
- ❖ Batch number and B/B printed on label



FERMENTED HAPPINESS IN A JAR
Our Ruby Kraut is the perfect blend of red cabbage, apple and ginger. Infused with beetroot powder and finished off with hibiscus flowers and juniper berries for a floral bouquet. Certified Organic, handcrafted with love and aged fermented.

NUTRITIONAL INFORMATION
SERVING SIZE: 35g SERVINGS PER JAR: 12.5

	QUANTITY PER SERVING	QUANTITY PER 100g
ENERGY	68 KJ	191 KJ
PROTEIN	0.46 G	1.31 G
FAT, TOTAL	<0.06 G	<0.19 G
- SATURATED	0.0 G	0.01 G
CARBOHYDRATES	3.4 G	9.7 G
- SUGARS	1.3 G	3.8 G
SODIUM	231 MG	660 MG

KEEP THIS PRODUCT REFRIGERATED CONSUME WITHIN 3 MONTHS OF OPENING

Daikon, Red Cabbage, Apple, Green Cabbage, Celtic Sea Salt, Ginger, Alkaline Water, Hibiscus Flower, Beetroot Powder, Garlic, Caraway Seed, Juniper Berry, L. plantarum, L. rhamnosus, L. paracasei.

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Flavour Signature:

The Ruby Kraut is the mildest ferment in the range. It has a softer flavour of red cabbage and apple with a floral bouquet and a sweet ginger undertone.

A good starter ferment – one for the traditionalists and many kids love this too as it doesn't have any spice or heat.



ruby kraut

red cabbage is rich in antioxidants, supports heart health and reduces inflammation

ginger - aids digestion and improves immunity



Beetroot - lowers blood pressure and supports liver health

hibiscus flower - a powerful antioxidant and natural antidepressant

red foods contain Anthocyanins which are often associated with reducing inflammation and oxidative stress particularly for blood vessels and joints

juniper berry - has been known to support kidney and bladder health

LOVE ORGANICS - FUNCTIONAL FERMENTATIONS

SAMBAL TOMAT

300g



INGREDIENTS:

Tomato, Daikon, Chilli, Garlic, Onion, Coconut Aminos, Celtic Sea Salt, Galangal, Coriander, Cayenne Pepper, Nigella Seed, Lemongrass, L.plantarum, L.rhamnosus, L.paracasei

- ❖ Keep Refrigerated
- ❖ Shelf Life - 12 months
- ❖ Certified Organic
- ❖ Certified Vegan
- ❖ Probiotic Boosted
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FERMENTED HAPPINESS IN A JAR

Experience the taste sensation of this fermented sambal tomat relish. With a spicy heat and a gorgeous garlic aroma, this relish will be put on everything you love to eat! Raw, aged fermented and made with love.



ORGANIC INGREDIENTS

Tomato, Daikon, Chilli, Garlic, Onion, Coconut Aminos, Celtic Sea Salt, Galangal, Coriander, Cayenne Pepper, Nigella Seed, Lemongrass, L. plantarum, L. rhamnosus, L. paracasei.

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NUTRITIONAL INFORMATION

SERVING SIZE: 20g SERVINGS PER JAR: 15

	QUANTITY PER SERVING	QUANTITY PER 100g
ENERGY	33 KJ	165 KJ
PROTEIN	0.3 G	1.5 G
FAT, TOTAL	0.1 G	0.6 G
- SATURATED	0 G	0.1 G
CARBOHYDRATES	1 G	4.8 G
- SUGARS	0.7 G	3.4 G
SODIUM	148 MG	741 MG

KEEP THIS PRODUCT REFRIGERATED
CONSUME WITHIN 3 MONTHS OF OPENING





Flavour Signature:

A fermented chilli relish that will have you addicted at first bite. A spicy heat and gorgeous garlic aroma this relish will be put on everything you love to eat. Used as an addition to all meals or mixed through a sauce, this Sambal will have you hooked.



Please contact the distributor in your area



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THANK YOU....

