

PLANT BASED • DAIRY ALTERNATIVES • HIGH PROTEIN

VEGAN

CATALOGUE 2023





































ORDERS / ENQUIRIES

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100% Plant-Based EU Certified Organic 100% Palm Oil Free

NATURLI' BE THE CHANGE

Your favourite plant-based butter in block & spreadable!

Naturli Plant-Based butters are back and exclusive with Horizon Foods for Northern NSW and Queensland.



Naturli' Organic Vegan Block 2009 \$ 10Kg

Food just isn't the same without butter, so Naturli' came up with an alternative for every-one who eats plant-based food. 100% plant-based Naturli' Organic Vegan Block, which tastes just the way it should. Melt it over hot sweetcorn, use it to bake and fry, toss your pasta in it, spread it, add it to sauces and have it on your vegetables.



Naturli' Organic Vegan Spreadable 2259

Life is busy for everyone, so

Naturli' have produced an alternative spreadable butter for those who eat plant-based food. 100% plant-based Naturli'
Organic Spreadable, which tastes the way it should. Enjoy the convenience to use it with your favourite dishes and never miss out again. Spreadable will never be

the same again!





comple free and made with

Plant-Based Goodies

Knox & Aya's products are completly dairy free, nut free and plant-based and made with all natural organic ingredients.



MIGHTY MINT Choc Mousse 1659

Decadant and rich dairy-free mint chocolate mousse.

Organic: Peruvian cacao, coconut cream, coconut sugar, Hemp protein, Agar Agar, Vanilla, Australian sea salt peppermint oil



BROWNIE BITES Macadamia Choc Fudge - 250g

Also known as "Mother fudge bombs", these deeply indulgent brownie bites satisfy in ways you could only dream of.

Organic: coconut sugar & oil, pecan meal, cacao, tapioca

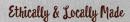




LEMON MERINGUE Coconut Yoghurt 165g

Tangy and refreshing dairyfree coconut yoghurt dessert.

Organic: Coconut milk, live (vegan) cultures, lemon Juice, coconut nectar, Agar Agar, tapioca, turmeric & Australian sea salt



Premium organic plantbased and organic products made in a solar powered production kitchen based in Billinudgel.

all Natural

No Toxic Seed Oils
Organic Ingredients
Ethically Sourced / Made
Gluten & Grain Free



COCONUT YOGHURT Cultured & Vegan - 500ml & 1l

A thick & creamy Greek style coconut yoghurt with a distinctive tart flavour that is alive and delicious.

Organic coconut milk & Agar Agar + 9 Wild Live cultures





Decadant and rich dairy-free Peruvian chocolate mousse.

Organic: Peruvian cacao, coconut cream, coconut sugar, Hemp protein, Agar Agar, Vanilla, Australian sea salt







THE ORIGINAL & THE BEST COCONUT YOGHURT!

Living Coconut yoghurt is crafted with all organic ingredients and absolutely no powders, fillers, gums, or tricky sweeteners. It is authentically fermented which offers billions of living probiotics per serving, which offers strong gut support by the spoonful. Plant-based and dairy-free, anyone can enjoy it effortlessly. This unique coconut yoghurt has a slight sour tang, but also deliciously smooth and creamy! Add it to your favourite granola, a top a spicy curry, in your morning smoothie or just eat it straight from the jar.



STRAWBERRY PAVLOVA 500ML

Ingredients: Organic
Coconut Cream, Strawberry
Extract, Beetroot Juice,
Light Malt, Vanilla Extract,
Vegan Yoghurt Cultures.



NATURAL COCONUT YOGHURT 500ML

Ingredients: Pure
Organic Coconut Cream
and Vegan Yoghurt
Cultures.



DUTCH CACAO MAPLE 500ML

Coconut cream, Dutch cacao powder, Canadian maple, Vegan Yoghurt Cultures.



PEANUT BUTTER & WHITE CHOC 500ML

Ingredients: Organic Coconut
Cream, Peanut Butter, Light
Malt, Chocolate Extract,
Pistachio Extract, Vegan
Yoghurt Cultures.

VEGAN FRIENDLY
GLUTEN - FREE
DAIRY - FREE



Organics.



ACHARA 440G

A tropical mix of green papaya, pineapple and chilli. Infused with kelp, coriander and finished off a hint of lemongrass.



Delicious certified organic probiotic boosted products from Burleigh Heads. Aged fermented & perfectly balanced in flavour, with just the right amount of crunch and no overpowering vinegar flavour.. Functional foods so full of flavour, with superfoods & boosted with probiotics.

GOOD FOR YOUR MIND, BODY AND SOUL!



Кімсні 440с

A great all rounder, versatile, fridge essential, infused with veggies and a balance of mild spice and chilli pepper.



FENNEL KRAUT 440G

A moreish blend of garlic, fennel and kelp, this kraut should come with a warning sticker that it is highly addictive!



SEACHI 440C

A nutritional powerhouse that packs a gorgeous umami flavour punch, with a curated blend of sea vegetables, blue spirulina, garlic and a lovely horseradish bite!



RUBY KRAUT 440C

The perfect blend of red cabbage and apple, infused with a superfood beetroot powder, hibiscus flowers and juniper berries.

Sambal tomat

TOMATO, CHILLI & GARLIC FERMENTED SPICY RELISH

Certified Organic Happiness in a Jar!



LOCAL & HEALTHY!

Probiotic Boosted

Aged Fermented

Certified Organic & Vegan

4.75 Billion CFU in every 20g serve

Australian Made

Non Pasteurised

Handcrafted



FULL OF ORGANIC FERMENTED GOODNESS!

Full of certified organic fermented ingredients to keep your gut and tastebuds happy!

Experience the taste sensation of this fermented Sambal Tomat relish. With a spicy heat and a gorgeous garlic aroma, this relish will be put on everything you love to eat!

Drizzle over everything or use it as an addition to your cooking to add that little bit of extra chilli or garlic flavour.

Love Organics Sambal Tomat is unique as a relish or chilli sauce as it is a raw fermented product. In addition to the wild occurring biota, Love Organics Sambal Tomat is also boosted with three probiotic strains that are Australian made, certified organic and TGA approved, helping to create a powerful functional fermentation.

Love Organics Sambal Tomat is an Australian made artisan product, handcrafted with love and aged fermented for maximum depth of flavour.









Green St Kitchen's kimchi & kraut are loaded with vitamins, yet its biggest benefit is the "living healthy bacteria" called lactobacilli that is created during the fermentation process. This good bacteria helps to replenish your gut flora which aids with digestion.





WHITE MISO 430G

White Miso & Dry Red Pepper Kimchi

SZECHUAN 430G

Szechuan Pepper & Turmeric Kimchi

BLACK MISO 430G

Black Miso & Garlic Kimchi

GINGER TURMERIC 430G

Ginger & Turmeric Kraut

PINK RADISH 430G

Spicy Pink Radish & Ginger Kimchi

ZESTY LEMON 430G

Zesty Lemon & Dill Kraut

MENTAL HEALTH

Healthy gut, healthy mind

GUT HEALTH

Probiotic rich food for the gut!









TSUKE MONO

JAPANESE PICKLES



Tsukemono are an important part of the Japanese diet that are served with practically every traditional meal and are valued for their unique flavours and are commonly used as a garnish, condiment, or palate cleanser. This range of tsukemono is truly unique with creative flavour profiles and true health benefits. They are here to shake up the pickles currently on the market



TOGARASHI 400G

Togarashi Spiced Wombok with Wild

Beetroot



Heirloom Carrot & Daikon Radish with

Mandarin Yuzu

WOMBOK 400G

Wombok with Wakame Seaweed & Sweet Sake

CUCUMBER400G

Cucumber with Mustard Seed & Japanese Soy

WOMBOK 400G

Wombok with Wakame Seaweed & Sweet Sake

CUCUMBER 400G

Cucumber with Mustard Seed & Japanese Soy

REFRIDGERATED

Must be kept refrigerated at all times













Premium Dairy Free Cheeses created using similar techniques to traditional cheese making methods, offering an exciting and endless range of possibilities. 100% real dairy free & vegan food ingredients with no artificial additives, preservatives or flavours.

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Dairy-Free & Deliscious!



Extra Tasty 250g

Sharp and serious. Melted, grated or sliced, this Extra Tasty is specially crafted to be your new favourite everyday hero.



American Cheddar 250g

The perfect burger cheese, tasty, vibrant and melty. Classic American Cheddar colour and flavour with a dairy free difference.



Pepperjack 250g

Bold and spicy, lovingly handcrafted & loaded with punchy green and red peppers, creating a delicious, mouthwatering & piquant cheese!



Pecorino 250g

Full of umami flavour & nuttiness.

Perfect grated on pasta, melted in
a cheese sauce or shaved into your
favourite salad. Great substitute for
parmesan!



Pecorino & Black

Garlic 250g

Even more full of umami flavour and nuttiness than the plain Pecorino & the perfect vegan substitute for parmesan. Damona's best one yet!



Brie 180g

The ultimate umami experience.
Best served at room temperature,
this gooey, buttery & individually
handmade Brie is guaranteed to
have you coming back for more!



Mozzarella Tomato & Herbs 250g

A classic cheeseboard favourite. This signature fresh mozzarella, is gently folded with sundried tomato, basil and preserved lemon.



Fresh Mozzarella 250g

Damnona's signature handmade Fresh Mozzarella melts, stretches and browns perfectly every time.



Hickory Smoked Mozzarella 250g

Damnona's signature handcrafted fresh Mozzarella, melty, stretchy, and delicately hickory smoked for maximum flavour.



Marinated Bocconcini 200g

Smooth, milky & succulent mouthfuls of mozzarella style cheese, marinated in chilli, thyme and garlic oil!



Bocconcini 240g

Smooth, creamy, fresh little bites of Damona's signature handmade mozzarella! So



Baked Almond Fetta 200g

Creamy, salty & delicately marinatedwith whole peppercorns, housepreserved lemon and hand pickedrosemary!



Sour Cream 300ml

A sour cream that tastes and behaves like a dairy sour cream; Tangy, creamy and rich! A new standard for dairy free sour cream!





Vegan Paté 160g

This Cashew Pate sets the standard for modern vegan charcuterie. Rich, sophisticated, cultured, with the unique kick of Native Pepperberries.



IT'S ONLY NATURAL

All natural vegan dips & sauces made fresh in Byron Bay.



VEGAN HUMMUS

TRADITIONAL HUMMUS 270G

Chickpeas, water, tahini, olive oil, lemon juice, white vinegar, minced garlic, salt, cumin, citric acid.



HARISSA HUMMUS 270G

Chickpeas, water, tahini, olive oil, lemon juice, white vinegar, minced garlic, salt, cumin, citric acid, coriander, caraway, habanero puree, sweet paprika.



HABANERO HUMMUS 270G

Chickpeas, water, tahini, olive oil, lemon juice, white vinegar, minced garlic, habanero puree, garlic, salt, cumin, citric acid.



SMOKED PAPRIKA HUMMUS 270G

Chickpeas, water, tahini, olive oil, lemon juice, white vinegar, minced garlic, salt, cumin, citric acid, smoked paprika.



ZA'ATAR HUMMUS 270G

Chickpeas, water, tahini, olive oil, lemon juice, white vinegar, minced garlic, salt, cumin, citric acid, sumac, thyme, oregano, sesame seed.





SOY-FREE VEGAN MAYONNAISE

VEGAN MAYONNAISE 435G

Australian sunflower oil, aquafaba, lemon juice, apple cider vinegar, organic coconut sugar, dijon mustard, sea salt, xanthan gum.

VEGAN AIOLI 435G

Australian sunflower oil, aquafaba (chickpea water), garlic, lemon juice, apple cider vinegar, organic coconut sugar, dijon mustard, sea salt, xanthan gum.

VEGAN CHIPOTLE MAYO 435G





Mayonnaise

IT'S ONLY NATURAL

No artificial colours, layours or preservative

Australian sunflower oil, aquafaba, lemon juice, apple cider vinegar, organic coconut sugar, dijon mustard, tomato paste, smoked paprika, chipotle powder (0.5%), sea salt, xanthan gum.

VEGAN WASABI MAYO 235G

Australian sunflower oil, aquafaba, lemon juice, wasabi powder 4% (horseradish, spirulina, turmeric), apple cider vinegar, organic coconut sugar, dijon mustard, sea salt, xanthan gum, spirulina.





Australian sunflower oil, aquafaba, wholegrain mustard (8%), golden syrup, lemon juice, apple cider vinegar, coconut sugar, dijon mustard, mustard powder, sea salt, xanthan gum.



Australian sunflower oil, aquafaba, gherkin, onion, lemon juice, organic coconut sugar, tomato paste, apple cider vinegar, dijon mustard, sea salt, garlic, dill, xanthan gum.









VEGAN PESTO

VEGAN BASIL PESTO 180G

Basil (32%), sunflower oil, olive oil, walnuts, minced garlic, white vinegar,lemon juice sea salt

CHILLI VEGAN BASIL PESTO 180G

Basil (44%), sunflower oil, walnuts, minced garlic, nutritional yeast, habanero puree, white vinegar, lemon juice, sea salt

VEGAN CHEESE BASIL PESTO 180G

Basil (32%), sunflower oil, olive oil, walnuts, minced garlic, nutritional yeast, white vinegar, lemon juice sea salt





HUMBLE DIP RANGE



HUMBLE BASIL PESTO 200G

Basil (37%), Sunflower oil, Parmesan Cheese, Walnuts, Garlic, Lemon Juice, White Vinegar, Salt.

HUMBLE VEGAN BASIL PESTO 2006

Basil (43%), Sunflower oil, Walnuts, Garlic, Lemon Juice, White Vinegar, Salt.



Chickpeas, water, tahini, olive oil, lemon juice, white vinegar, minced garlic, salt, cumin, citric acid.

HUMBLE PRICING. MADE LOCALLY.

The humble range offers a great price point that is very competitive compared to similar products on the market. All products are created in the Northern, NSW, supporting local & small business in the area.













ALL NATURAL TOFU & TEMPEH

With Non-GMO Certified Organic Soybeans

Nutrisoy have a passion for making healthy, nutritious and great tasting food for the ever-growing health conscious people of Australia. With a wide range of organic, plain, flavoured and pre-cooked tofu and tempeh products that are 100% meat-free and vegan friendly.



Organic Firm Tofu 350g & 750g

Certified Organic high protein firm tofu with a mild flavour.

Organic Silken Tofu 300g

Certified organic tofu that is soft and delicate silken tofu.

Chinese Style Tofu 500g

A slightly softer tofu than the normal firm tofu.

Teriyaki Tofu 200g

Tofu marinated in a mixture of Japanese soy sauce and rice wine.

Spicy Tofu 200g

Asian spices gives this tofu a nice zesty flavour & a spicy kick.

Organic Tempeh 300g

Certified Organic plain tempeh with a nutty flavour.

Tasty Tempeh 300g

Tempeh marinated in ginger and soy sauce.

Tempeh Burger 200g

Spiced tempeh burger with a full bodied nutty flavour.













SOYFOOD · PRODUCTS



SOYCO

SWEET CHILLI

SESAME GINGER & SOY TOFU 200G

A ready-to-eat tofu with a deliciously umami Japanese-style sesame sauce dressing!

JAPANESE TOFU TERIYAKI 200G

A ready-to-eat tofu which has been flavoured with Japanese soy sauce and rice wine!

CHINESE HONE SOY TOFU 200G

A sweet & savoury ready-toeat tofu served with traditional Chinese honey soy sauce

MALAYSIAN SATAY TOFU 200G

A ready-to-eat-tofu served with a tasty and authentic Malaysian peanut satay sauce!

THAI TOFU 200G

A zesty ready-to-eat tofu which has been marinated in a delicious blend of Thai spices!

SWEET CHILLI TOFU 200G

A ready-to-eat tofu marinated in a perfectly balanced sweet chilli sauce!

HI-PROTEIN FIRM TOFU 350G

A firm high protein tofu - super nutritious and perfect for all types of dishes and cooking styles!













Fine Food Art - Biodynamic Organic Australian Tofu

Earth Source Foods creates Fine Food Art, Australian Food, that is silky, nutritious & noticeably better tasting tofu for today's fussy foodie. Beginning with Certified Demeter Organic Bio-Dynamic Soybeans & using strict temperature-controlled store delivery, this tofu is treated with the kind of respect that will leave your tastebuds singing. 100% sourced from selected Australian growers who follow Biodynamic farming principals, producing the healthiest, tastiest crop & most nutrient-rich soybeans.





Firm Tofu 375g

Bio-Dynamic Enhanced Organic Firm Tofu with a firm texture.



Soft Tofu 250g

Bio-Dynamic Enhanced Organic Soft & Smooth Chinese style tofu.



Silken Tofu 300g

Bio-Dynamic Organic delicate & creamy Japanese style tofu.

About this Tofu:

- Australian-owned, farmed, produced & created
- Gluten-Free & Dairy-free
- Non-GMO & Preservative Free
- Certified Demeter Organic
 Bio-Dynamic



Smoked Tofu 250g

Bio-Dynamic Enhanced Organic Tofu that is naturally smoked using Australian Woods. It has a firm texture with a distinctive campfire flavour.

CERTIFIED ORGANIC TEMPEH

Lovingly hand made using state of the art technology to produce the highest quality, boutique style fresh tempeh, from the highest quality Australian ingredients. The chickpeas, apple cider vinegar and Tasmanian wakame seaweed used are all certified organic, vegan and non-GMO. As a fermented 'living' food, it is nutritionally very rich, and one of the highest known vegetarian sources of vitamin B12. It is also one of the best sources of vegetarian protein. Because of its fermented nature, tempeh is very high in natural pro-biotics. This makes it very easy to digest. Tempeh is high in fibre, contains no cholesterol and is very low in saturated fat.





GLUTEN-FREE



NON-GMO



VEGAN FRIENDLY



CHICKPEA TEMPEH 300G

Organic chickpeas, organic apple cider vinegar, bio-dynamic rice flour, rhizopus oligosporus, Culture



SPLIT PEA TEMPEH 300G

Organic Yellow Split Peas, Water, Organic Brown Rice, Organic Apple Cider Vinegar, Culture



FAVA BEAN TEMPEH 300G

Fava Beans, Water, Organic Tasmanian Wakame Seaweed, Organic Apple Cider Vinegar, Culture



BISQUEL LUPIN TEMPEH

Lupin is a regenerative crop, so instead of degrading the soil, it helps to bring nutrients back to the earth. Bisque use the Albus Lupin, an Alkaloid (bitters) free cultivar specifically grown for human consumption. It has a lovely sweet nutty flavour and the bean is a deep golden colour. The nutritional benefits of Lupin surpass most other widely consumed legumes, including soy. Another reason to love Lupin!

ORIGINAL TEMPEH 250G

Australian (Albus) Lupin beans (85%), Organic Apple Cider Vinegar, Tempeh Culture Starter (Rhizopus Oligosporus), Water.

FURIKAKE TEMPEH 250G

Australian (Albus) Lupin beans (85%),
Organic Apple Cider Vinegar, Tempeh Culture
Starter (Rhizopus Oligosporus), Water,
Organic Dulse flakes, Organic Nori Flakes,
Organic White Sesame Seeds, Mustard
Powder, Organic Onion Flakes, Organic Chilli
Flakes, Salt.

TAMARI TEMPEH 250G

Australian (Albus) Lupin beans (85%), Organic Apple Cider Vinegar, Tempeh Culture Starter (Rhizopus Oligosporus), Water, Organic Tamari (Soy), Fresh Organic Ginger, Fresh Organic Garlic, Organic Coconut Sugar.

BBQ TEMPEH 250G

Australian (Albus) Lupin beans (85%),
Organic Apple Cider Vinegar, Tempeh Culture
Starter (Rhizopus Oligosporus), Water,
Organic Chilli Powder, Organic Smoked
Paprika, Mustard Powder, Organic Garlic
Powder, Organic Dried Thyme, Organic
Coconut Sugar, Organic Pepper, Salt.



BISQUE







VEGAN

100% GMO FREE

PLANT-BASED PROTEIN

GLUTEN-FREE

SOY-FREE

